

***Vitex negundo L.***  
**(Lagundi leaf)**

**ASTROL®**

300 mg/5 mL Syrup

600 mg Tablet

Anti-cough / Anti-asthma

**FORMULATION:**

Each 5 mL of syrup contains the extract from 300 mg of Lagundi (*Vitex negundo L. Fam Verbenaceae*), PP dried leaves.

Each tablet contains 600 mg of Lagundi (*Vitex negundo L. Fam Verbenaceae*), PP dried leaves.

**PRODUCT DESCRIPTION:**

Astrol syrup is a dark green to greenish brown homogenous liquid having a distinct odor of Lagundi, with grapes flavor and characteristic Lagundi taste.

Astrol tablet is a greenish brown to brown mottled white, capsule shaped tablet (oblongated flat) with distinctly perceptible Lagundi odor.

**WHAT IS IN THE MEDICINE?**

Astrol syrup and tablet contains Lagundi (*Vitex negundo L. Fam Verbenaceae*) dried leaves. It is the only extensively researched and clinically proven natural medicine for cough and asthma in the Philippines. Lagundi (*Vitex negundo L.*) leaves is the main component of the ASTROL. It is a large native shrub that grows in the Philippines.

**STRENGTH OF THE MEDICINE**

See formulation above

**WHAT IS THE MEDICINE USED FOR?**

This product is used for the relief of mild to moderate cough due to common colds and flu. For cough of bacterial origin. For the relief of mild to moderate reversible bronchospasm in adults and children.

**HOW MUCH AND HOW OFTEN SHOULD YOU USE THE MEDICINE?**

For Astrol Syrup:

Adults: 10 mL (2 teaspoonful) 3 to 4 times daily. Dose may be increased as needed.

Children: 15 mg/kg/dose (or 0.25 mL/kg/dose) administered 3 times daily.

2 – 4 years: ½ teapoon to 1 teaspoon 3 times daily. (10 to 15.5 kgs.)

4 – 6 years: 1 teapoon 3 times daily. (15.5 to 20 kgs.)

6 – 12 years: 1 ½ teaspoonful – 2 teaspoonful 3 times daily.

Children over 40 kgs body weight: 2 teaspoonful 3 times daily.

Or as prescribed by the physician.

Astrol tablet:

Adult: 300 – 600 mg three to four times a day. Or as prescribed by the physician.

**WHEN SHOULD YOU NOT TAKE THIS MEDICINE?**

If you are allergic to any ingredient of the product. Safety among pregnant and lactating women has not been studied.

**UNDESIRABLE EFFECTS**

None where reported in the clinical trials for Astrol syrup. For Astrol tablet itch, nausea, vomiting and diarrhea without a predominating complaint. No known contraindications.

**WHAT OTHER MEDICINE OR FOODS SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?**

It may be taken with or without food. Take before or after meal.

**WHAT SHOULD YOU DO IF YOU MISS A DOSE?**

If you miss a dose, just give the next dose and the subsequent doses at the usual recommended schedule. Do not double the dose unless recommended by a doctor.

**HOW SHOULD YOU KEEP THE MEDICINE?**

- Keep the product out of reach and sight of children.
- Store at temperatures not exceeding 30°C
- Protect from light
- Always keep container tightly closed.

**SIGNS AND SYMPTOMS OF OVERDOSE**

There is no risk of overdose.

**WHAT TO DO WHEN YOU HAVE USED MORE THAN THE RECOMMENDED DOSAGE?**

As per clinical studies, there is no risk of overdose.

**CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE**

- Do not use after the expiry date on the label.
- Do not give more than the recommended dose.

**WHEN SHOULD YOU CONSULT YOUR DOCTOR?**

If any undesirable effect occurs and if symptoms persist.

**AVAILABILITY**

Astrol Syrup: Amber glass bottle x 60 mL and 120 mL

Astrol Tablet: Foil strip x 10's (Box of 100's)

**DATE OF OF PATIENT INFORMATION LEAFLET (PIL): July 2018**

**Astrol Syrup Registration no. : HMR-47**

**Astrol Tablet Registration no.: HMR-48**

**ADR Reporting Statement**

**"For suspected adverse drug reaction, report to the FDA: [www.fda.gov.ph](http://www.fda.gov.ph)"**

**Patient must seek medical attention immediately at the first sign of any adverse drug reaction**

**Under License from: University of the Philippines Manila (UPM)**

**National Integrated Research Program on Medicinal Plants (NIRPROMP)**

Manufactured by:

**LA CROESUS PHARMA INC.**

Brgy. Sto. Tomas Biñan, Laguna

Manufactured for:

**PHARMACARE PRODUCTS CORPORATION**

SB Residences Unit 2&3 302 P. Dela Cruz St.,

San Bartolome, Novaliches Quezon City

Exclusively Distributed by;

**TGP Pharma Inc.**

Edison St., cor. Cul de Sac St.,

Km. 14 West Service Rd., Parañaque City