

# ASCORBIC ACID

## Excel C<sup>®</sup>

500 mg Capsule  
VITAMIN

### FORMULATION

Each capsule contains:

Ascorbic Acid..... 500 mg  
(Equivalent to 568.18 mg Sodium Ascorbate)

### PHARMACOLOGIC CATEGORY

Vitamin

### PRODUCT DESCRIPTION

The product is encapsulated in scarlet cap and body gelatin capsule size #0 and it is white to very faintly yellow crystalline powder.

### WHAT IS IN THE MEDICINE?

It contains Vitamin C.

Excel C is an Ascorbic Acid (as Sodium Ascorbate) (Vitamin C) capsule that boosts the body's immune system. It protects against Vitamin C deficiency and enhances the body's resistance to stress, the common cold and some types of infections. It meets the increased Vitamin C requirements needed by smokers, athletes, pregnant women, the elderly, and those who suffer from infectious diseases and chronic illness.

### STRENGTH OF THE MEDICINE

Please see formulation.

### WHAT IS THE MEDICINE USED FOR?

For prevention of Vitamin C deficiency and hastens wound healing and increase body resistance from infectious diseases and for the healthy gums, teeth, bones and other connective tissues.

### HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

For daily maintenance take 1-2 capsule/s.

For cold symptoms, take 3-4 capsules daily.

Can be given as is or dissolve in fruit juices, water or beverages of choice.

### WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

If you are allergic on the component of the product.

### **CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE**

Sodium Ascorbate should be given with care to patients with hyperoxaluria. Tolerance may be induced in patients taking high doses.

Do not use after the expiry date stated on the label.

Ask a doctor before use, if you are on sodium restricted diet.

Do not take more than the recommended dose.

### **UNDESIRABLE EFFECTS OF THIS MEDICINE**

Vitamin C is usually well tolerated, but diarrhea, nausea, vomiting and nose bleed if taken with high dose.

### **WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?**

The amount of Vitamin C in the product is not expected to interact with food or medicines.

### **WHAT SHOULD YOU DO IF YOU MISS A DOSE?**

Take the missed dose and subsequent doses. Do not take extra medicine to make up the missed dose.

### **SIGNS AND SYMPTOMS OF OVERDOSE**

Prolonged intake of Vitamin C in excess of 2g/day may lead to nausea, vomiting, diarrhea, flushing and nose bleeds.

### **WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?**

If you have taken the recommended dosage, consult your doctor.

### **HOW SHOULD YOU KEEP THIS MEDICINE?**

Store at temperatures not exceeding 30°C.

Keep away from direct sunlight.

### **WHEN SHOULD YOU CONSULT YOUR DOCTOR?**

If undesirable effect occurs.

### **ADVERSE DRUG REACTION REPORTING STATEMENT**

For suspected adverse drug reaction, seek medical attention immediately and report to the FDA: [www.fda.gov.ph](http://www.fda.gov.ph)

### **AVAILABILITY**

In blister pack x 10's (Box of 30's & 100's)

#### **Manufactured for:**



Unit 410 Sunrise Condominium I Bldg.,  
#226 Ortigas Ave., Greenhills, San Juan City,  
Metro Manila, Philippines

Date of Renewal of the Authorization:

Date of Revision: July 21, 2021

#### **Manufactured by:**

#### **AM-EUROPHARMA CORPORATION**

Brgy., Saimsim, Calamba City,  
Laguna, Philippines