

ASCORBIC ACID

Cigla-Kas

533.4 mg CAPSULE

Vitamin

Description of the Product:

Cigla-Kas capsule contains Sodium Ascorbate, a sodium salt of Ascorbic Acid, which is a white to slightly yellow crystalline powder encapsulated in a size 0 hard gelatin, orange cap and orange body capsule.

What is in the Medicine?

This product contains Sodium ascorbate, a non-acidic form of Vitamin C. It is a cofactor of enzymes involved in the formation of collagen, the most abundant protein essential in the formation of teeth, bones, cartilage and skin.

It also helps boost the immune system and increase body resistance to physical stress, common colds, viral and other type of infections.

Strength of the Medicine:

This product contains 533.4 mg of Ascorbic Acid as Sodium Ascorbate equivalent to 600 mg.

What is this medicine used for?

Sodium Ascorbate (Cigla-Kas) is used for the treatment and prevention of Vitamin C deficiency.

How much and how often should you use this medicine?

Sodium Ascorbate (Cigla-Kas) capsule should be taken with or without food. For daily maintenance – 1 to 2 capsules daily
For cold symptoms – 2 to 3 capsules daily
Or as prescribed by the physician.

When should you NOT take this medicine?

- If you are allergic to any component of the product.

Care that should be taken when taking this medicine

- Ask a doctor before use if you are on a sodium restricted diet.
- Do not take more than the recommended dose.
- Do not use after the expiry date on the label.

What are the undesirable effects of this medicine?

Sodium Ascorbate (Cigla-Kas) is usually well tolerated. Large doses are reported to cause diarrhea and other gastrointestinal disturbances. It has also been stated that large doses may result in hyperoxaluria. Tolerance may be induced with prolonged use of large doses, resulting in symptoms of deficiency when intake is reduced to normal.

What other medicine or food should be avoided while taking this medicine?

- Desferrioxamine
- Fluphenazine
- Warfarin
- Contraceptives

What should you do if you miss a dose of this medicine?

If you miss a dose, leave it out and take the next dose whenever it is due. After that, just carry on as before. Do not take a double dose.

What are the signs and symptoms of overdose?

- Large doses intake are reported to cause diarrhea and other gastrointestinal disturbances.

What should you do when you have taken more than the recommended dosage?

Consult a doctor or contact a hospital immediately. Bring the container or label with you to help doctors with necessary information.

How should you keep/ store this medicine?

Keep out of reach and sight of children. Do not use Sodium Ascorbate capsule after the expiry date which is stated on the label. It should be stored at temperatures not exceeding 30°C. Keep in original container to protect from light. This should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose this expired medicine. These measures will help to protect the environment.

When should you consult your doctor?

- If any undesirable effect occurs.
- If the patient is taking any vitamin or medicines.

Name and Address of the Manufacturer and Marketing Authorization Holder:

St. Martin Pharm Lab Co.
55 Lakandula Street, Parang, Marikina City, Philippines

“For suspected adverse drug reaction, report to the FDA:

www.fda.gov.ph”

Seek medical attention immediately at the first sign of any adverse drug reaction.

Registration Number: DRP-1752

Date of First Authorization/ Renewal of the Authorization: July 27, 2009 / July 27, 2027

Date of Revision of Patient Information Leaflet: September 16, 2022