

**THIAMINE MONONITRATE (Vit. B1)  
PYRIDOXINE HYDROCHLORIDE (Vit. B6)  
CYANOCOBALAMIN (Vit. B12)**

**MARVIT**

100 mg / 5 mg / 50 mcg CAPSULE

*Vitamins*

**Formulation**

Each Capsule contains:

Thiamine Mononitrate (Vit B1), USP.....	100mg
Pyridoxine Hydrochloride (Vit B6) .....	5mg
Cyanocobalamin (Vit B12).....	50mcg

**Description of the Product:**

Vitamin B1 + B6 + B12 (Marvit) capsule is a fine light pink powder inside the yellow body and orange cap empty hard gelatin capsule.

**What is in the Medicine?**

Vitamin B1 + B6 + B12 (Marvit) capsule contains 100mg Thiamine Mononitrate, 5mg Pyridoxine Hydrochloride (Vit B6) and 50mcg Cyanocobalamin (Vit B12). This medicine is used for the prevention and/or treatment of Vitamin B1, B6 and B12 deficiency.

**Strength of the Medicine:** please refer to formulation

**What is this medicine used for?**

Vitamin B1 + B6 + B12 (Marvit) capsule is used for the prevention and or treatment of Vitamin B1, B6 and B12 deficiency.

**How much and how often should you use this medicine?**

Vitamin B1 + B6 + B12 (Marvit) capsule should be taken with or after food. Take one capsule daily. Or as prescribed by the physician.

**When should you NOT take the medicine?**

Cyanocobalamin should, if possible not be given to patients without first confirming the diagnoses, and should not be used to treat megaloblastic anaemia of pregnancy.

**Care that should be taken when taking the medicine:**

- Ask the physician before taking the medicine.
- Do not take more than the recommended dose.
- Do not use this product after its expiration date.

**What are the undesirable effects of this medicine?**

Like all medicines, this medicine can cause side effects, although not everybody gets them. In rare cases: sweating, itching and urticaria can be noticed. Adverse effects with thiamine are rare, but hypersensitivity reactions have occurred up to fatal anaphylactic shock. Long-term use of large doses of Vitamin B6 is associated with the development of severe peripheral neuropathies.

**What other medicine or food should be avoided while taking this medicine?**

- Neuromuscular blocking agents
- Levodopa
- Phenobarbital
- Hydralazine, Isoniazid, Penicillamine
- Oral contraceptives

**What should you do if you miss a dose of this product?**

If you miss a dose, leave it out and take the next dose whenever it is due. After that, just carry on as before. Do not take double the dose. If you have any further questions, ask your doctor or pharmacist.

**What are the signs and symptoms of overdose?**

- Mild transient diarrhea
- Peripheral vascular thrombosis
- Itching transitory exanthema
- Urticarial
- Feeling of swelling of the entire body
- Anaphylaxis

**What should you do when you have taken more than the recommended dosage?**

Contact your doctor, or hospital immediately for consult. Bring the container or label with you to help doctors with necessary information.

**How should you keep/ store the product?**

Keep out of the reach and sight of children. Do not use Vitamin B1 + B6 + B12 (Marvit) capsule after the expiry date which is stated on the label. They should be stored at temperatures not exceeding 30°C. Keep in original container to protect from light. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

**When should you consult your doctor?**

- If any undesirable effect occurs.
- If the patient is taking any vitamin or medicines.

**Pregnancy and breast feeding.**

Ask your doctor or pharmacist for advice before taking any medicine. Vitamin B1 + B6 + B12 (Marvit) capsule should be taken with precaution for women who are pregnant and breastfeeding.

**Name and Address of the Manufacturer and Marketing Authorization Holder:**

**St. Martin Pharm Lab Co.**  
55 Lakandula Street, Parang, Marikina City, Philippines

**Registration Number:** DRP - 1589

**Date of First Authorization/Renewal of the Authorization:**  
03/15/2007 / 7/15/2028

**Date of Revision of Patient Information Leaflet:** September 14, 2022

**“For suspected adverse drug reaction, report to the FDA:  
[www.fda.gov.ph](http://www.fda.gov.ph)”**

**Seek medical attention immediately at the first sign of any adverse drug reaction.**