

ASCORBIC ACID ZINC

ZinCee

500 mg / 10 mg CAPSULE
Vitamin and Mineral

Description of the Product:

ZinCee capsule contains Sodium Ascorbate, a sodium salt of Ascorbic Acid, and Zinc Sulfate Monohydrate. It is a white to slightly yellow crystalline powder encapsulated in a metallic gold cap and body, size 0 hard gelatin capsule.

What is in the Medicine?

This product contains Sodium ascorbate, a non-acidic form of Vitamin C. It is a cofactor of enzymes involved in the formation of collagen, the most abundant protein essential in the formation of teeth, bones, cartilage and skin. It also helps boost the immune system and increase body resistance to physical stress, common colds, viral and other type of infections.

Zinc on the other hand plays a major role in the creation of DNA, growth of cells, building proteins, healing damaged tissue, and supporting a healthy immune system.

Strength of the Medicine:

This product contains 500 mg of Ascorbic Acid (as Sodium Ascorbate equivalent to 562.43 mg) and 10 mg of Zinc (as Zinc Sulfate Monohydrate equivalent to 27.5 mg)

What is this medicine used for?

Ascorbic Acid + Zinc (ZinCee) capsule is used for the treatment and prevention of Vitamin C and Zinc deficiencies.

How much and how often should you use this medicine?

Take Ascorbic Acid + Zinc (ZinCee) capsule orally once a day with or without food.

Or as prescribed by the physician.

When should you NOT take this medicine?

This medicine should not be taken if Sodium Ascorbate can potentially interact with other drugs or substances, other interacting conditions present like hyperoxaluria and G6PD deficiency, tolerance is developed due to prolonged intake of large doses and gastrointestinal disturbances like diarrhea are developed due to intake of large doses. Also, if allergy to any component of this product is possible.

Care that should be taken when taking this medicine

- Ask a doctor before use if you are on a sodium restricted diet.
- Do not take more than the recommended dose.
- Do not use this product after its expiration date.

What are the undesirable effects of this medicine?

• Ascorbic Acid

Large doses are reported to cause diarrhea and other gastrointestinal disturbances, nausea, vomiting, heartburn, abdominal cramps, insomnia, fatigue and sleepiness. Tolerance may be induced with prolonged use of large doses, resulting in symptoms of deficiency when intake is reduced to normal.

• Zinc

Frequently Zinc causes gastrointestinal side effects which include abdominal pain, dyspepsia, nausea, vomiting, diarrhea, gastric irritation and gastritis. These are particularly common if zinc salts are taken with an empty stomach and maybe reduced by giving them with meals.

What other medicine or food should be avoided while taking this medicine?

- Iron containing products
- Fluphenazine
- Warfarin
- Copper containing products
- Tetracyclines

What should you do if you miss a dose of this medicine?

Take the missed dose as soon as you remember it. However, if it is almost time for your next dose, skip the missed dose and continue with the regular dosing schedule. Do not take a double dose.

What are the signs and symptoms of overdose?

- Large doses intake are reported to cause diarrhea and other gastrointestinal disturbances.

What should you do when you have taken more than the recommended dosage?

Consult a doctor or contact the nearest hospital immediately. Bring the container or label with you to help doctors with necessary information.

How should you keep/ store this medicine?

- **Store** at temperatures not exceeding 30°C.
- Protect from light.
- Keep out of reach and sight of children.

When should you consult your doctor?

- If any undesirable effect occurs.
- If the patient is taking any vitamin or medicines.

Pregnancy and breast feeding.

Ask your doctor or pharmacist for advice before taking any medicine. Sodium Ascorbate (Cigla-Kas) should be taken with precaution for women who are pregnant and breastfeeding.

Name and Address of the Manufacturer and Marketing Authorization Holder:

St. Martin Pharm Lab Co.
55 Lakandula Street, Parang, Marikina City, Philippines

“For suspected adverse drug reaction, report to the FDA:
www.fda.gov.ph”

“Seek medical attention immediately at the first sign of any adverse drug reaction.”

Registration Number: DRP-13149

Date of First Authorization/ Renewal of the Authorization:
12/12/2022 / 12/12/2027

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