

**LAMIVUDINE**  
**HEPTEVIR OS**  
10 mg / mL Oral Solution  
Antiviral

**HIGHLIGHTS OF PRESCRIBING INFORMATION**

These highlights do not include all the information needed to use LAMIVUDINE ORAL SOLUTION safely and effectively. See full prescribing information for LAMIVUDINE ORAL SOLUTION.

LAMIVUDINE oral solution  
Initial U.S. Approval: 1995

**WARNING: EXACERBATIONS OF HEPATITIS B, AND DIFFERENT FORMULATIONS OF LAMIVUDINE**  
See full prescribing information for complete boxed warning.  
Severe acute exacerbations of hepatitis B have been reported in patients who are co-infected with hepatitis B virus (HBV) and human immunodeficiency virus (HIV-1) and have discontinued lamivudine. Monitor hepatic function closely in these patients and, if appropriate, initiate anti-hepatitis B treatment. (5.1)  
Patients with HIV-1 infection should receive only dosage forms of lamivudine appropriate for treatment of HIV-1. (5.1)

**RECENT MAJOR CHANGES**

Boxed Warning 04/2018  
Dosage and Administration (2.2) 09/2017  
Warnings and Precautions, Lactic Acidosis and Severe Hepatomegaly with Steatosis (5.2) 04/2018  
Warnings and Precautions, Lower Virologic Suppression Rates and Increased Risk of Viral Resistance with Oral Solution (5.6) 09/2017  
Warnings and Precautions, Fat Redistribution (previous 5.7) Removed - 04/2018

**INDICATIONS AND USAGE**

Lamivudine is a nucleoside analogue reverse transcriptase inhibitor indicated in combination with other antiretroviral agents for the treatment of HIV-1 infection.  
Limitations of Use: The dosage of this product is for HIV-1 and not for HBV. (1)

**DOSE AND ADMINISTRATION**

Adults : 300 mg daily, administered as either 150 mg twice daily or 300 mg once daily. (2.1)  
Pediatric Patients Aged 3 Months and Older: Administered either once or twice daily. Dose should be calculated on body weight (kg) and should not exceed 300 mg daily. (2.2)  
Patients with Renal Impairment: Doses of lamivudine oral solution must be adjusted in accordance with renal function. (2.3)

**DOSE FORMS AND STRENGTHS**

Oral Solution: 10 mg per mL (3)

**CONTRAINDICATIONS**

Lamivudine oral solution is contraindicated in patients with previous hypersensitivity reaction to lamivudine. (4)

**FULL PRESCRIBING INFORMATION: CONTENTS\***

**WARNING: EXACERBATIONS OF HEPATITIS B, AND DIFFERENT FORMULATIONS OF LAMIVUDINE.**

**1 INDICATIONS AND USAGE**

**2 DOSAGE AND ADMINISTRATION**

2.1 Recommended Dosage for Adult Patients  
2.2 Recommended Dosage for Pediatric Patients  
2.3 Patients with Renal Impairment

**3 DOSAGE FORMS AND STRENGTHS**

**4 CONTRAINDICATIONS**

**5 WARNINGS AND PRECAUTIONS**

5.1 Patients with Hepatitis B Virus Co-infection  
5.2 Lactic Acidosis and Severe Hepatomegaly with Steatosis  
5.3 Use with Interferon- and Ribavirin-Based Regimens  
5.4 Pancreatitis  
5.5 Immune Reconstitution Syndrome  
5.6 Lower Virologic Suppression Rates and Increased Risk of Viral Resistance with Oral Solution

**6 ADVERSE REACTIONS**

6.1 Clinical Trials Experience  
6.2 Postmarketing Experience

**7 DRUG INTERACTIONS**

7.1 Drugs Inhibiting Organic Cation Transporters  
7.2 Sorbitol

**FULL PRESCRIBING INFORMATION**

**WARNING: EXACERBATIONS OF HEPATITIS B, AND DIFFERENT FORMULATIONS OF LAMIVUDINE.**  
**Exacerbations of Hepatitis B**  
Severe acute exacerbations of hepatitis B have been reported in patients who are co-infected with hepatitis B virus (HBV) and human immunodeficiency virus (HIV-1) and have discontinued lamivudine. Hepatic function should be monitored closely with both clinical and laboratory follow-up for at least several months in patients who discontinue lamivudine and are co-infected with HIV-1 and HBV. If appropriate, initiation of anti-hepatitis B therapy may be warranted. (see Warnings and Precautions (5.1)).  
**Important Differences among Lamivudine-Containing Products**  
Lamivudine oral solution (used to treat HIV-1 infection) contain a higher dose of the active ingredient (lamivudine) than EPVIR-HBV tablets and oral solution (used to treat chronic HBV infection). Patients with HIV-1 infection should receive only dosage forms appropriate for treatment of HIV-1. (see Warnings and Precautions (5.1)).

**1 INDICATIONS AND USAGE**

Lamivudine oral solution is a nucleoside analogue indicated in combination with other antiretroviral agents for the treatment of human immunodeficiency virus type 1 (HIV-1) infection.

**Limitations of Use:**

The dosage of this product is for HIV-1 and not for HBV.

**2 DOSAGE AND ADMINISTRATION**

**2.1 Recommended Dosage for Adult Patients**

The recommended dosage of lamivudine oral solution in HIV-1-infected adults is 300 mg daily, administered as either 150 mg taken orally twice daily or 300 mg taken orally once daily with or without food. If lamivudine is administered to a patient infected with HIV-1 and HBV, the dosage indicated for HIV-1 therapy should be used as part of an appropriate combination regimen. (see Warnings and Precautions (5.1)).

**2.2 Recommended Dosage for Pediatric Patients**

Lamivudine scored tablet is the preferred formulation for HIV-1-infected pediatric patients who weigh at least 14 kg and for whom a solid dosage form is appropriate. Before prescribing lamivudine scored tablets, patients should be assessed for the ability to swallow tablets. For patients unable to safely and reliably swallow lamivudine tablets, the oral solution may be prescribed. (see Warnings and Precautions (5.6)). The recommended oral dosage of lamivudine tablets for HIV-1-infected pediatric patients is presented in Table 1.

**Table 1. Dosing Recommendations for Lamivudine Scored (150 mg) Tablets in Pediatric Patients**

Weight (kg)	Twice-Daily Dosing Regimen Using Scored 150 mg Tablet			
	Once-Daily Dosing Regimen <sup>a</sup>	AM Dose	PM Dose	Total Daily Dose
14 to <20	1 tablet (150 mg)	½ tablet (75 mg)	½ tablet (75 mg)	150 mg
≥20 to <25	1½ tablets (225 mg)	1 tablet (75 mg)	1 tablet (150 mg)	225 mg
≥25	2 tablets (300 mg) <sup>b</sup>	1 tablet (150 mg)	1 tablet (150 mg)	300 mg

<sup>a</sup>Data regarding the efficacy of once-daily dosing is limited to subjects who transitioned from twice-daily dosing to once-daily dosing after 36 weeks of treatment. (see Clinical Studies (14.2)).

<sup>b</sup>Patients may alternatively take one 300 mg tablet, which is not scored.

**Oral Solution**

The recommended dosage of lamivudine oral solution in HIV-1-infected pediatric patients aged 3 months and older is 5 mg per kg taken orally twice daily or 10 mg per kg taken orally once daily (up to a maximum of 300 mg daily), administered in combination with other antiretroviral agents. (see Clinical Pharmacology (12.3)). Consider HIV-1 viral load and CD4+ cell count/percentage when selecting the dosing interval for patients initiating treatment with oral solution. (see Warnings and Precautions (5.6), Clinical Pharmacology (12.3)).

**2.3 Patients with Renal Impairment**

Dosing of lamivudine is adjusted in accordance with renal function. Dosage adjustments are listed in Table 2. (see Clinical Pharmacology (12.3)).

**Table 2. Adjustment of Dosage of Lamivudine in Adults and Adolescents (Greater than or Equal to 25 kg) in Accordance with Creatinine Clearance**

Creatinine Clearance (mL/min)	Recommended Dosage of Lamivudine
≥50	150 mg twice daily or 300 mg once daily
30-49	150 mg once daily
15-29	150 mg first dose, then 100 mg once daily
5-14	150 mg first dose, then 50 mg once daily
<5	50 mg first dose, then 25 mg once daily

No additional dosing of lamivudine is required after routine (4-hour) hemodialysis or peritoneal dialysis.

Although there are insufficient data to recommend a specific dose adjustment of lamivudine in pediatric patients with renal impairment, a reduction in the dose and/or an increase in the dosing interval should be considered.

**3 DOSAGE FORMS AND STRENGTHS**

**Lamivudine Oral Solution, USP**

Colorless, strawberry-banana flavored liquid, contains 10 mg of lamivudine in each 1 mL filled in 250 cc HDPE opaque bottles.

**4 CONTRAINDICATIONS**

Lamivudine oral solution is contraindicated in patients with a previous hypersensitivity reaction to lamivudine.

**5 WARNINGS AND PRECAUTIONS**

**5.1 Patients with Hepatitis B Virus Co-infection**

**Posttreatment Exacerbations of Hepatitis**

Clinical and laboratory evidence of exacerbations of hepatitis have occurred after discontinuation of lamivudine. These exacerbations have been detected primarily by serum ALT elevations in addition to re-emergence of HBV DNA. Although most events appear to have been self-limited, fatalities have been reported in some cases. Similar events have been reported from postmarketing experience after changes from lamivudine-containing HIV-1 treatment regimens to non-lamivudine-containing regimens in patients infected with both HIV-1 and HBV. The causal relationship to discontinuation of lamivudine treatment is unknown. Patients should be closely monitored with both clinical and laboratory follow-up for at least several months after stopping treatment.

**Important Differences among Lamivudine-Containing Products**

Lamivudine oral solution contain a higher dose of the same active ingredient (lamivudine) than EPVIR-HBV tablets and EPVIR-HBV oral solution. EPVIR-HBV was developed for patients with chronic hepatitis B. The formulation and dosage of lamivudine in EPVIR-HBV are not appropriate for patients co-infected with HIV-1 and HBV. Safety and efficacy of lamivudine have not been established for chronic hepatitis B in patients co-infected with HIV-1 and HBV. If treatment with EPVIR-HBV is prescribed for chronic hepatitis B for a patient with unrecognized or untreated HIV-1 infection, rapid emergence of HIV-1 resistance is likely to result because of the subtherapeutic dose and the inappropriateness of monotherapy HIV-1 treatment. If a decision is made to administer lamivudine to patients co-infected with HIV-1 and HBV, lamivudine tablets, lamivudine oral solution, or another product containing the higher dose of lamivudine should be used as part of an appropriate combination regimen.

**Emergence of Lamivudine-Resistant HBV**

Safety and efficacy of lamivudine have not been established for treatment of chronic hepatitis B in subjects daily infected with HIV-1 and HBV (see full prescribing information for EPVIR-HBV). Emergence of hepatitis B virus variants associated with resistance to lamivudine has also been reported in HIV-1-infected subjects who have received lamivudine-containing antiretroviral regimens in the presence of concurrent infection with hepatitis B virus.

**5.2 Lactic Acidosis and Severe Hepatomegaly with Steatosis**

Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported with the use of nucleoside analogues, including lamivudine. A majority of these cases have been in women. Female sex and obesity may be risk factors for the development of lactic acidosis and severe hepatomegaly with steatosis in patients treated with antiretroviral nucleoside analogues. Treatment with lamivudine should be suspended in any patient who develops clinical or laboratory findings suggestive of lactic acidosis or pronounced hepatotoxicity, which may include hepatomegaly and steatosis even in the absence of marked transaminase elevations.

**5.3 Use with Interferon- and Ribavirin-Based Regimens**

In vitro studies have shown ribavirin can reduce the phosphorylation of pyrimidine nucleoside analogues such as lamivudine. Although no evidence of a pharmacokinetic or pharmacodynamic interaction (e.g., loss of HIV-1/HCV virologic suppression) was seen when ribavirin was coadministered with lamivudine in HIV-1/HCV co-infected patients. (see Clinical Pharmacology (12.3)). hepatic decompensation (some fatal) has occurred in HIV-1/HCV co-infected patients receiving combination antiretroviral therapy for HIV-1 and interferon alpha with or without ribavirin. Patients receiving interferon alpha with or without ribavirin and lamivudine should be closely monitored for treatment-associated toxicities, especially hepatic decompensation. Discontinuation of lamivudine should be considered as medically appropriate. Dose reduction or discontinuation of interferon alpha, ribavirin, or both should also be considered if worsening clinical toxicities are observed, including hepatic decompensation (e.g., Child-Pugh greater than 6). See the full prescribing information for interferon and ribavirin.

**WARNINGS AND PRECAUTIONS**

Co-infected HIV-1/HBV Patients: Emergence of lamivudine-resistant HBV variants associated with lamivudine-containing antiretroviral regimens has been reported. (5.1)

Lactic acidosis and severe hepatomegaly with steatosis, including fatal cases, have been reported with the use of nucleoside analogues. (5.2)

Hepatic decompensation, some fatal, has occurred in HIV-1/HCV co-infected patients receiving interferon and ribavirin-based regimens. Monitor for treatment-associated toxicities. Discontinue lamivudine as medically appropriate and consider dose reduction or discontinuation of interferon alpha, ribavirin, or both. (5.3)

Pancreatitis: Use with caution in pediatric patients with a history of pancreatitis or other significant risk factors for pancreatitis. Discontinue treatment as clinically appropriate. (5.4)

Immune reconstitution syndrome has been reported in patients treated with combination antiretroviral therapy. (5.5)

Lower virologic suppression rates and increased risk of viral resistance were observed in pediatric subjects who received lamivudine oral solution concomitantly with other antiretroviral oral solutions compared with those who received tablets. (5.6)

**ADVERSE REACTIONS**

The most common reported adverse reactions (incidence greater than or equal to 15%) in adults were headache, nausea, malaise and fatigue, nasal signs and symptoms, diarrhea, and cough. (6.1)

The most common reported adverse reactions (incidence greater than or equal to 15%) in pediatric subjects were fever and cough. (6.1)

To report SUSPECTED ADVERSE REACTIONS, contact Hetero Labs Limited at 1-866-495-1995 or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

**DRUG INTERACTIONS**  
Sorbitol: Coadministration of lamivudine and sorbitol may decrease lamivudine concentrations; when possible, avoid chronic coadministration. (7.2)

**USE IN SPECIFIC POPULATIONS**

Lactation: Women infected with HIV should be instructed not to breastfeed due to potential for HIV transmission. (8.2)

**See 17 for PATIENT COUNSELING INFORMATION and FDA-approved patient labeling.**

Revised: 06/2018

**8 USE IN SPECIFIC POPULATIONS**

8.1 Pregnancy  
8.2 Lactation  
8.3 Pediatric Use  
8.4 Geriatric Use  
8.5 Patients with Impaired Renal Function

**10 OVERDOSAGE**

**11 DESCRIPTION**

11.1 Mechanism of Action  
11.2 Pharmacokinetics  
11.3 Microbiology

**12 CLINICAL PHARMACOLOGY**

12.1 Carcinogenesis, Mutagenesis, Impairment of Fertility  
12.2 Clinical Studies

**13 NONCLINICAL TOXICOLOGY**

13.1 Adult Subjects  
13.2 Pediatric Subjects

**14 HOW SUPPLIED/STORAGE AND HANDLING**

**15 PATENT COUNSELING INFORMATION**

\*Sections or subsections omitted from the full prescribing information are not listed.

**5.4 Pancreatitis**

In pediatric patients with a history of prior antiretroviral nucleoside exposure, a history of pancreatitis, or other significant risk factors for the development of pancreatitis, lamivudine should be used with caution. Treatment with lamivudine should be stopped immediately if clinical signs, symptoms, or laboratory abnormalities suggestive of pancreatitis occur. (see Adverse Reactions (6.1)).

**5.5 Immune Reconstitution Syndrome**

Immune reconstitution syndrome has been reported in patients treated with combination antiretroviral therapy, including lamivudine. During the initial phase of combination antiretroviral treatment, patients whose immune system may develop an inflammatory response to indolent or residual opportunistic infections (such as *Mycobacterium avium* infection, cytomegalovirus, *Pneumocystis jirovecii* pneumonia (PCP), or tuberculosis), which may necessitate further evaluation and treatment.  
Autoimmune disorders (such as Graves' disease, polymyositis, and Guillain-Barré syndrome) have also been reported to occur in the setting of immune reconstitution, however, the time to onset is more variable, and can occur many months after initiation of treatment.

**5.6 Lower Virologic Suppression Rates and Increased Risk of Viral Resistance with Oral Solution**

Pediatric subjects who received lamivudine oral solution (at weight band-based doses approximating 8 mg per kg per day) concomitantly with other antiretroviral oral solutions at any time in the ARROW trial had lower rates of virologic suppression, lower plasma lamivudine exposure, and developed viral resistance more frequently than those receiving lamivudine tablets. (see Clinical Pharmacology (12.3), Microbiology (12.4), Clinical Studies (14.2)).

Lamivudine scored tablet is the preferred formulation for HIV-1-infected pediatric patients who weigh at least 14 kg and for whom a solid dosage form is appropriate. An all-tablet regimen should be used when possible to avoid a potential interaction with sorbitol. (see Clinical Pharmacology (12.3)). Consider more frequent monitoring of HIV-1 viral load when treating with lamivudine oral solution.

**6 ADVERSE REACTIONS**

The following adverse reactions are discussed in other sections of the labeling:

- Exacerbations of hepatitis B. (see Boxed Warning, Warnings and Precautions (5.1)).
- Lactic acidosis and severe hepatomegaly with steatosis. (see Warnings and Precautions (5.2)).
- Hepatic decompensation in patients co-infected with HIV-1 and hepatitis C. (see Warnings and Precautions (5.3)).
- Pancreatitis. (see Warnings and Precautions (5.4)).
- Immune reconstitution syndrome. (see Warnings and Precautions (5.5)).

**6.1 Clinical Trials Experience**

**Clinical Trials Experience in Adult Subjects**

Because clinical trials are conducted under widely varying conditions, adverse reaction rates observed in the clinical trials of a drug cannot be directly compared with rates in the clinical trials of another drug and may not reflect the rates observed in clinical practice.

The safety profile of lamivudine in adults is primarily based on the 568 HIV-1-infected subjects in 7 clinical trials. The most common adverse reactions are headache, nausea, malaise, fatigue, nasal signs and symptoms, diarrhea, and cough.

Selected clinical adverse reactions in greater than or equal to 5% of subjects during therapy with lamivudine 150 mg twice daily plus RETROVIR 200 mg 3 times daily for up to 24 weeks are listed in Table 3.

**Table 3. Selected Clinical Adverse Reactions (Greater than or Equal to 5% Frequency) in Four Controlled Clinical Trials (NUCA3001, NUCA3002, NUCB3001, NUCB3002)**

Adverse Reaction	Lamivudine 150 mg Twice Daily plus RETROVIR (n = 251)		RETROVIR® (n = 230)
	Lamivudine plus RETROVIR	RETROVIR®	Pitavir plus Current Therapy <sup>a</sup>
<b>Body as a Whole</b>			
Headache	35%	27%	23%
Malaise & fatigue	27%	27%	23%
Fever or chills	10%	10%	12%
<b>Digestive</b>			
Nausea	33%	29%	29%
Diarrhea	18%	22%	22%
Nausea & vomiting	13%	12%	12%
Anorexia and/or decreased appetite	10%	7%	7%
Abdominal pain	9%	11%	11%
Abdominal cramps	6%	3%	3%
Dyspepsia	5%	5%	5%
<b>Nervous System</b>			
Neuropathy	12%	10%	10%
Insomnia & other sleep disorders	11%	7%	7%
Dizziness	10%	4%	4%
Depressive disorders	9%	4%	4%
<b>Respiratory</b>			
Nasal signs & symptoms	20%	11%	11%
Cough	18%	13%	13%
<b>Skin</b>			
Skin rashes	9%	6%	6%
<b>Musculoskeletal</b>			
Musculoskeletal pain	12%	10%	10%
Myalgia	8%	6%	6%
Arthralgia	5%	5%	5%

<sup>a</sup>Either zidovudine monotherapy or zidovudine in combination with zalcitabine.

Pancreatitis: Pancreatitis was observed in 9 out of 2,613 adult subjects (0.3%) who received lamivudine in controlled clinical trials EPV20001, NUCA3001, NUCB3001, NUCA3002, NUCB3002, and NUCB3007. (see Warnings and Precautions (5.4)).

Lamivudine 300 mg Once Daily: The types and frequencies of clinical adverse reactions reported in subjects receiving lamivudine 300 mg once daily or lamivudine 150 mg twice daily (in 3-drug combination regimens in EPV20001 and EPV40001) for 48 weeks were similar.

Selected laboratory abnormalities observed during therapy are summarized in Table 4.

**Table 4. Frequencies of Selected Grade 3 to 4 Laboratory Abnormalities in Adults in Four 24-Week Surrogate Endpoint Trials (NUCA3001, NUCA3002, NUCB3001, NUCB3002) and a Clinical End Point Trial (NUCB3007)**

Test (Threshold Level)	24-Week Surrogate Endpoint Trial <sup>a</sup>		Clinical End Point Trial <sup>b</sup>
	Lamivudine plus RETROVIR	RETROVIR®	Lamivudine plus Current Therapy <sup>c</sup>
Absolute neutrophil count (<750/mm <sup>3</sup> )	7.2%	5.4%	15%
Hemoglobin (<8 g/dL)	2.9%	1.8%	2.2%
Platelets (<50,000/mm <sup>3</sup> )	0.4%	1.3%	2.8%
ALT (>5 x ULN)	3.7%	3.6%	3.8%
AST (>5 x ULN)	1.7%	1.8%	4%
Bilirubin (>2.5 x ULN)	0.8%	0.4%	ND
Amylase (>2 x ULN)	4.2%	1.5%	2.2%

<sup>a</sup>The median duration on study was 12 months.

<sup>b</sup>Either zidovudine monotherapy or zidovudine in combination with zalcitabine.

<sup>c</sup>Current therapy was either zidovudine, zidovudine plus didanosine, or zidovudine plus zalcitabine.

ULN = Upper limit of normal.

ND = Not done.

The frequencies of selected laboratory abnormalities reported in subjects receiving lamivudine 300 mg once daily or lamivudine 150 mg twice daily (in 3-drug combination regimens in EPV20001 and EPV40001) were similar.

**Clinical Trials Experience in Pediatric Subjects**

Lamivudine oral solution has been studied in 638 pediatric subjects aged 3 months to 18 years in 3 clinical trials. Selected clinical adverse reactions and physical findings with a greater than or equal to 5% frequency during therapy with lamivudine 4 mg per kg twice daily plus RETROVIR 160 mg per m<sup>2</sup> 3 times daily in therapy-naïve (less than or equal to 56 days of antiretroviral therapy) pediatric subjects are listed in Table 5.

**Table 5. Selected Clinical Adverse Reactions and Physical Findings (Greater than or Equal to 5% Frequency) in Pediatric Subjects in Trial ACTG300**

Adverse Reaction	Lamivudine plus RETROVIR (n = 236)	Didanosine (n = 235)
<b>Body as a Whole</b>		
Fever	25%	32%
<b>Digestive</b>		
Hepatomegaly	11%	11%
Nausea & vomiting	8%	7%
Diarrhea	8%	6%
Stomatitis	6%	12%
Splenomegaly	5%	8%
<b>Respiratory</b>		
Cough	17%	18%
Abnormal breath sounds/wheezing	15%	9%
<b>Ear, Nose, and Throat</b>		
Signs or symptoms of ears <sup>a</sup>	7%	6%
Nasal discharge or congestion	8%	11%
<b>Other</b>		
Skin rashes	12%	14%
Lymphadenopathy	9%	11%

<sup>a</sup>Includes pain, discharge, erythema, or swelling of the ear.

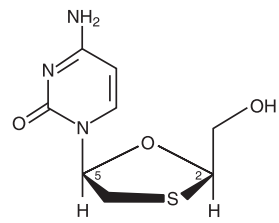
Pancreatitis: Pancreatitis, which has been fatal in some cases, has been observed in antiretroviral nucleoside-experienced pediatric subjects receiving lamivudine alone or in combination with other antiretroviral agents. In an open-label dose-escalation trial (NUCA2002), 14 subjects (14%) developed pancreatitis while receiving monotherapy with lamivudine. Three of these subjects died of complications of pancreatitis. In a second open-label trial (NUCA2005), 12 subjects (18%) developed pancreatitis. In Trial ACTG300, pancreatitis was not observed in 236 subjects randomized to lamivudine plus RETROVIR. Pancreatitis was observed in 1 subject in this trial who received open-label lamivudine in combination with RETROVIR and ritonavir following discontinuation of didanosine monotherapy. (see Warnings and Precautions (5.4)).

Paresthesias and Peripheral Neuropathies: Paresthesias and peripheral neuropathies were reported in 15 subjects (15%) in Trial NUCA2002, 6 subjects (9%) in Trial NUCA2005, and 2 subjects (less than 1%) in Trial ACTG300. Selected laboratory abnormalities experienced by therapy-naïve (less than or equal to 56 days of antiretroviral therapy) pediatric subjects are listed in Table 6.

**Table 6. Frequencies of Selected Grade 3 to 4 Laboratory Abnormalities in Pediatric Subjects in Trial ACTG300**

Test (Threshold Level)	Lamivudine plus RETROVIR	Didanosine





Lamivudine USP is a white to off-white crystalline solid with a solubility of approximately 70 mg per mL in water at 20°C.

Lamivudine oral solution, USP is for oral administration. Each milliliter (1 mL) of lamivudine oral solution, USP contains 10 mg of lamivudine (10 mg/mL) in an aqueous solution and the inactive ingredients strawberry and banana flavors, citric acid (anhydrous), methylparaben, propylene glycol, propylparaben, trisodium citrate dihydrate, and sucrose.

## 12 CLINICAL PHARMACOLOGY

### 12.1 Mechanism of Action

Lamivudine is an antiretroviral agent [see Microbiology (12.4)].

### 12.3 Pharmacokinetics

#### Pharmacokinetics in Adults

The pharmacokinetic properties of lamivudine have been studied in asymptomatic, HIV-1-infected adult subjects after administration of single intravenous (IV) doses ranging from 0.25 to 8 mg per kg, as well as single and multiple (twice-daily regimen) oral doses ranging from 0.25 to 10 mg per kg.

The pharmacokinetic properties of lamivudine have also been studied as single and multiple oral doses ranging from 5 mg to 600 mg per day administered to HIV-1-infected subjects.

The steady-state pharmacokinetic properties of the lamivudine 300 mg tablet once daily for 7 days compared with the lamivudine 150 mg tablet twice daily for 7 days were assessed in a crossover trial in 60 healthy subjects. Lamivudine 300 mg once daily resulted in lamivudine exposures that were similar to lamivudine 150 mg twice daily with respect to plasma AUC<sub>0-24</sub>; however, C<sub>max</sub> was 66% higher and the trough value was 53% lower compared with the 150 mg twice-daily regimen. Intracellular lamivudine triphosphate exposures in peripheral blood mononuclear cells were also similar with respect to AUC<sub>0-24</sub> and C<sub>max</sub>; however, trough values were lower compared with the 150 mg twice-daily regimen. Inter-subject variability was greater for intracellular lamivudine triphosphate concentrations versus lamivudine plasma trough concentrations.

The pharmacokinetics of lamivudine was evaluated in 12 adult HIV-1-infected subjects dosed with lamivudine 150 mg twice daily in combination with other antiretroviral agents. The geometric mean (95% CI) for AUC<sub>0-24</sub> was 5.53 (4.58, 6.67) mcg·h per mL and for C<sub>max</sub> was 1.40 (1.17, 1.69) mcg per mL.

**Absorption and Bioavailability:** Absolute bioavailability in 12 adult subjects was 86% ± 16% (mean ± SD) for the 150 mg tablet and 87% ± 13% for the oral solution. After oral administration of 2 mg per kg twice a day to 9 adults with HIV-1, the peak serum lamivudine concentration (C<sub>max</sub>) was 1.5 ± 0.5 mcg per mL (mean ± SD). The area under the plasma concentration versus time curve (AUC) and C<sub>max</sub> increased in proportion to oral dose over the range from 0.25 to 10 mg per kg.

The accumulation ratio of lamivudine in HIV-1-positive asymptomatic adults with normal renal function was 1.50 following 15 days of oral administration of 2 mg per kg twice daily.

**Effects of Food on Oral Absorption:** Lamivudine oral solution may be administered with or without food. An investigational 25 mg dosage form of lamivudine was administered orally to 12 asymptomatic, HIV-1-infected subjects on 2 occasions, once in the fasted state and once with food (1,099 kcal; 75 grams fat, 34 grams protein, 72 grams carbohydrate). Absorption of lamivudine was slower in the fed state (T<sub>max</sub>: 3.2 ± 1.3 hours) compared with the fasted state (T<sub>max</sub>: 0.9 ± 0.3 hours); C<sub>max</sub> in the fed state was 40% ± 23% (mean ± SD) lower than in the fasted state. There was no significant difference in systemic exposure (AUC<sub>0-24</sub>) in the fed and fasted states.

**Distribution:** The apparent volume of distribution after IV administration of lamivudine to 20 subjects was 1.3 ± 0.4 L per kg, suggesting that lamivudine distributes into extravascular spaces. Volume of distribution was independent of dose and did not vary between subjects.

Binding of lamivudine to human plasma proteins is less than 36%. *In vitro* studies showed that over the concentration range of 0.1 to 100 mcg per mL, the amount of lamivudine associated with erythrocytes ranged from 53% to 75% and was independent of concentration.

**Metabolism:** Metabolism of lamivudine is a minor route of elimination. In humans, the only known metabolite of lamivudine is the trans-sulfoxide metabolite (approximately 5% of an oral dose after 12 hours). Serum concentrations of this metabolite have not been determined. Lamivudine is not significantly metabolized by cytochrome P450 enzymes.

**Elimination:** The majority of lamivudine is eliminated unchanged in urine by active organic cationic secretion. In 9 healthy subjects given a single 300 mg oral dose of lamivudine, renal clearance was 199.7 ± 56.9 mL per min (mean ± SD). In 20 HIV-1-infected subjects given a single IV dose, renal clearance was 280.4 ± 75.2 mL per min (mean ± SD), representing 71% ± 16% (mean ± SD) of total clearance of lamivudine.

In most single-dose trials in HIV-1-infected subjects, elimination half-life (t<sub>1/2</sub>) ranged from 5 to 7 hours. In HIV-1-infected subjects, total clearance was 398.5 ± 69.1 mL per min (mean ± SD). Oral clearance and elimination half-life were independent of dose and body weight over an oral dosing range of 0.25 to 10 mg per kg.

#### Specific Populations

**Patients with Renal Impairment:** The pharmacokinetic properties of lamivudine have been determined in a small group of HIV-1-infected subjects with impaired renal function.

**Table 7. Pharmacokinetic Parameters (Mean ± SD) after a Single 300 mg Oral Dose of Lamivudine in 3 Groups of Adults with Varying Degrees of Renal Function**

Parameter	Creatinine Clearance Criterion (Number of Subjects)		
	>60 mL/min (n = 6)	10-30 mL/min (n = 4)	<10 mL/min (n = 6)
Creatinine clearance (mL/min)	111 ± 14	28 ± 8	6 ± 2
C <sub>max</sub> (mcg/mL)	2.6 ± 0.5	3.6 ± 0.8	5.8 ± 1.2
AUC <sub>0-24</sub> (mcg·h/mL)	11 ± 1.7	48 ± 19	157 ± 74
Cl/F (mL/min)	464 ± 76	114 ± 34	36 ± 11

T<sub>max</sub> was not significantly affected by renal function. Based on these observations, it is recommended that the dosage of lamivudine be modified in patients with renal impairment [see Dosage and Administration (2.3)].

Based on a trial in otherwise healthy subjects with impaired renal function, hemodialysis increased lamivudine clearance from a mean of 64 to 88 mL per min; however, the length of time of hemodialysis (4 hours) was insufficient to significantly alter mean lamivudine exposure after a single dose administration. Continuous ambulatory peritoneal dialysis and automated peritoneal dialysis have negligible effects on lamivudine clearance. Therefore, it is recommended, following correction of dose for creatinine clearance, that no additional dose modification be made after routine hemodialysis or peritoneal dialysis.

The effects of renal impairment on lamivudine pharmacokinetics in pediatric patients are not known.

**Patients with Hepatic Impairment:** The pharmacokinetic properties of lamivudine have been determined in adults with impaired hepatic function. Pharmacokinetic parameters were not altered by diminishing hepatic function. Safety and efficacy of lamivudine have not been established in the presence of decompensated liver disease.

**Pregnant Women:** Lamivudine pharmacokinetics were studied in 36 pregnant women during 2 clinical trials conducted in South Africa. Lamivudine pharmacokinetics in pregnant women were similar to those seen in non-pregnant adults and in postpartum women. Lamivudine concentrations were generally similar in maternal, neonatal, and umbilical cord serum samples.

**Pediatric Patients:** The pharmacokinetics of lamivudine have been studied after either single or repeat doses of lamivudine in 210 pediatric subjects. Pediatric subjects receiving lamivudine oral solution (dosed at approximately 8 mg per kg per day) achieved approximately 25% lower plasma concentrations of lamivudine compared with HIV-1-infected adults. Pediatric subjects receiving lamivudine oral tablets achieved plasma concentrations comparable to or slightly higher than those observed in adults. The absolute bioavailability of both lamivudine tablets and oral solution are lower in children than adults. The relative bioavailability of lamivudine oral solution is approximately 40% lower than tablets containing lamivudine in pediatric subjects despite no difference in adults. Lower lamivudine exposures in pediatric patients receiving lamivudine oral solution is likely due to the interaction between lamivudine and concomitant solutions containing sorbitol (such as ZIGEN). Modeling of pharmacokinetic data suggests increasing the dosage of lamivudine oral solution to 5 mg per kg taken orally twice daily or 10 mg per kg taken orally once daily (up to a maximum of 300 mg daily) is needed to achieve sufficient concentrations of lamivudine [see Dosage and Administration (2.2)]. There are no clinical data in HIV-1-infected pediatric patients administered with sorbitol-containing medicines at this dose.

The pharmacokinetics of lamivudine dosed once daily in HIV-1-infected pediatric subjects aged 3 months through 12 years was evaluated in 3 trials (PENTA-15 (n = 17), PENTA 13 (n = 19), and ARROW PK (n = 35)). All 3 trials were 2-period, crossover, open-label pharmacokinetic trials of twice-versus once-daily dosing of abacavir and lamivudine. These 3 trials demonstrated that once-daily dosing of lamivudine, at twice-daily dosing of lamivudine at the same total daily dose when comparing the dosing regimens within the same formulation (i.e., either the oral solution or the tablet formulation). The mean C<sub>max</sub> was approximately 80% to 90% higher with lamivudine once-daily dosing compared with twice-daily dosing.

**Table 8. Pharmacokinetic Parameters (Geometric Mean [95% CI]) after Repeat Dosing of Lamivudine in 3 Pediatric Trials**

Age Range	Trial (Number of Subjects)					
	ARROW PK (n = 35)		PENTA-13 (n = 19)		PENTA-15 (n = 17)	
	3-12 years	2-12 years	2-12 years	2-12 years	3-36 months	3-36 months
Formulation	Tablet	Tablet <sup>a</sup> and Tablet <sup>b</sup>	Tablet <sup>b</sup>	Tablet <sup>b</sup>	Once Daily	Twice Daily
Parameter	Once Daily	Twice Daily	Once Daily	Twice Daily	Once Daily	Twice Daily
C <sub>max</sub> (mcg/mL)	3.17 (2.76, 3.64)	1.80 (1.59, 2.04)	2.09 (1.80, 2.42)	1.11 (0.96, 1.29)	1.87 (1.65, 2.13)	1.05 (0.88, 1.26)
AUC <sub>0-24</sub> (mcg·h/mL)	13 (11.4, 14.9)	12 (10.7, 13.4)	9.80 (8.64, 11.1)	8.88 (7.67, 10.3)	8.66 (7.46, 10.1)	9.48 (7.89, 11.4)

<sup>a</sup> n = 16 for PENTA-15 C<sub>max</sub>.

<sup>b</sup> Solution was dosed at 8 mg per kg per day.

<sup>c</sup> Five subjects in PENTA-13 received lamivudine tablets.

**Distribution of lamivudine into cerebrospinal fluid (CSF) was assessed in 38 pediatric subjects after multiple oral dosing with lamivudine. CSF samples were collected between 2 and 4 hours postdose. At the dose of 8 mg per kg per day, CSF lamivudine concentrations in 8 subjects ranged from 5.6% to 30.9% (mean ± SD of 14.2% ± 7.2%) of the concentration in a simultaneous serum sample, with CSF lamivudine concentrations ranging from 0.04 to 0.3 mcg per mL.**

Limited, uncontrolled pharmacokinetic and safety data are available from administration of lamivudine (and zidovudine) to 36 infants aged up to 1 week in 2 trials in South Africa. In these trials, lamivudine clearance was substantially reduced in 1-week-old neonates relative to pediatric subjects (aged over 3 months) studied previously. There is insufficient information to establish the time course of changes in clearance between the immediate neonatal period and the age-ranges over 3 months old [see Adverse Reactions (6.1)].

**Geriatric Patients:** The pharmacokinetics of lamivudine after administration of lamivudine to subjects over 65 years have not been studied [see Use in Specific Populations (8.5)].

**Male and Female Patients:** There are no significant or clinically relevant gender differences in lamivudine pharmacokinetics.

**Racial Groups:** There are no significant or clinically relevant racial differences in lamivudine pharmacokinetics.

#### Drug Interaction Studies

**Effect of Lamivudine on the Pharmacokinetics of Other Agents:** Based on *in vitro* study results, lamivudine at therapeutic drug exposures is not expected to affect the pharmacokinetics of drugs that are substrates of the following transporters: organic anion transporter polypeptide 1B1 (OATP1B1), breast cancer resistance protein (BCRP), P-glycoprotein (P-gp), multidrug and toxin extrusion protein 1 (MATE1), MATE2-K, organic cation transporter 1 (OCT1), OCT2, or OCT3.

**Effect of Other Agents on the Pharmacokinetics of Lamivudine:** Lamivudine is a substrate of MATE1, MATE2-K, and OCT2 *in vitro*. Trimethoprim (an inhibitor of these drug transporters) has been shown to increase lamivudine plasma concentrations. This interaction is not considered clinically significant as no dose adjustment of lamivudine is needed.

Lamivudine is a substrate of P-gp and BCRP; however, considering its absolute bioavailability (87%), it is unlikely that these transporters play a significant role in the absorption of lamivudine. Therefore, coadministration of drugs that are inhibitors of these efflux transporters is unlikely to affect the disposition and elimination of lamivudine.

**Interferon Alfa:** There was no significant pharmacokinetic interaction between lamivudine and interferon alfa in a trial of 19 healthy male subjects [see Warnings and Precautions (5.3)].

**Ribavirin:** *In vitro* data indicate ribavirin reduces phosphorylation of lamivudine, stavudine, and zidovudine. However, no pharmacokinetic (e.g., plasma concentrations or intracellular triphosphorylated active metabolite concentrations) or pharmacodynamic (e.g., loss of HIV-1/HCV viremia suppression) interaction was observed when ribavirin and lamivudine (n = 18), stavudine (n = 10), or zidovudine (n = 6) were coadministered as part of a multi-drug regimen to HIV-1/HCV co-infected subjects [see Warnings and Precautions (5.3)].

**Sorbitol (Excipient):** Lamivudine and sorbitol solutions were coadministered to 16 healthy adult subjects in an open-label, randomized-sequence, 4-period, crossover trial. Each subject received a single 300 mg dose of lamivudine oral solution alone or coadministered with a single dose of 3.2 grams, 10.2 grams, or 13.4 grams of sorbitol in solution. Coadministration of lamivudine with sorbitol resulted in dose-dependent decreases of 20%, 39%, and 44% in the AUC<sub>0-24</sub>, 14%, 32%, and 36% in the AUC<sub>0-24</sub>, and 28%, 52%, and 55% in the C<sub>max</sub> of lamivudine, respectively.

**Trimethoprim/Sulfamethoxazole:** Lamivudine and TMP/SMX were coadministered to 14 HIV-1-positive subjects in a single-center, open-label, randomized, crossover trial. Each subject received treatment with a single 300-mg dose of lamivudine and TMP 160 mg/SMX 800 mg once a day for 5 days with concomitant administration of lamivudine 300 mg with the fifth dose in a crossover design. Coadministration of TMP/SMX with lamivudine resulted in an increase of 43% ± 23% (mean ± SD) in lamivudine AUC<sub>0-24</sub>, a decrease of 29% ± 13% in lamivudine oral clearance, and a decrease of 30% ± 36% in lamivudine renal clearance. The pharmacokinetic properties of TMP and SMX were not altered by coadministration with lamivudine. There is no information regarding the effect on lamivudine pharmacokinetics of higher doses of TMP/SMX such as those used in treat PCP.

**Zidovudine:** No clinically significant alterations in lamivudine or zidovudine pharmacokinetics were observed in 12 asymptomatic HIV-1-infected adult subjects given a single dose of zidovudine (200 mg) in combination with multiple doses of lamivudine (300 mg every 12 hours).

## 12.4 Microbiology

### Mechanism of Action

Lamivudine is a synthetic nucleoside analogue. Intracellularly, lamivudine is phosphorylated to its active 5'-triphosphate metabolite, lamivudine triphosphate (3TC-TP). The principal mode of action of 3TC-TP is inhibition of HIV-1 reverse transcriptase (RT) via DNA chain termination after incorporation of the nucleotide analogue.

### Antiviral Activity

The antiviral activity of lamivudine against HIV-1 was assessed in a number of cell lines including monocytes and fresh human peripheral blood lymphocytes (PBMCs) using standard susceptibility assays. EC<sub>50</sub> values were in the range of 0.002 to 152 nM (range: 0.23 mcg per mL). The median EC<sub>50</sub> values of lamivudine were 60 nM (range: 20 to 70 nM), 35 nM (range: 30 to 40 nM), 30 nM (range: 20 to 90 nM), 20 nM (range: 3 to 40 nM), 30 nM (range: 1 to 60 nM), 30 nM (range: 20 to 70 nM), 30 nM (range: 3 to 70 nM), and 30 nM (range: 20 to 90 nM) against HIV-1 clades A-G and group O viruses (n = 3 except n = 2 for clade B) respectively. The EC<sub>50</sub> values against 22 isolates (n = 4) ranged from 0.003 to 0.200 micromolar in PBMCs. Lamivudine was not antagonistic to all tested anti-HIV agents. Ribavirin (50 micromolar) used in the treatment of chronic HCV infection decreased the anti-HIV-1 activity of lamivudine by 3.5-fold in MT-4 cells.

### Resistance

Lamivudine-resistant variants of HIV-1 have been selected in cell culture. Genotypic analysis showed that the resistance was due to a specific amino acid substitution in the HIV-1 reverse transcriptase at codon 184 changing the methionine to either valine or isoleucine (M184V/I).

HIV-1 strains resistant to both lamivudine and zidovudine have been isolated from subjects. Susceptibility of clinical isolates to lamivudine and zidovudine was monitored in controlled clinical trials. In subjects receiving lamivudine monotherapy or combination therapy with lamivudine plus zidovudine, HIV-1 isolates from most subjects became phenotypically and genotypically resistant to lamivudine within 12 weeks.

**Genotypic and Phenotypic Analysis of On-Therapy HIV-1 Isolates from Subjects with Virologic Failure Trial EPV2007:** Fifty-three of 554 (10%) subjects enrolled in EPV2007 were identified as virological failures (plasma HIV-1 RNA level greater than or equal to 400 copies per mL) by Week 48. Twenty-eight subjects were randomized to the lamivudine once-daily treatment group and 25 to the lamivudine twice-daily treatment group. The median baseline plasma HIV-1 RNA levels of subjects in the lamivudine once-daily group and lamivudine twice-daily group were 4.9 log<sub>10</sub> copies per mL and 4.6 log<sub>10</sub> copies per mL, respectively.

Phenotypic analysis of on-therapy isolates from 22 subjects identified as virologic failures in the lamivudine once-daily group showed that isolates from 8 of 22 subjects contained a treatment-emergent lamivudine resistance-associated substitution (M184V or M184I), isolates from 0 of 22 subjects contained treatment-emergent amino acid substitutions associated with zidovudine resistance (M41L, D67N, K70R, L210W, T215Y/F, or K219Q/E), and isolates from 10 of 22 subjects contained treatment-emergent amino acid substitutions associated with efavirenz resistance (L100I, K101E, K103N, V101R, or Y11C).

Genotypic analysis of on-therapy isolates from subjects (n = 22) in the lamivudine twice-daily treatment group showed that isolates from 5 of 22 subjects contained treatment-emergent lamivudine resistance substitutions, isolates from 1 of 22 subjects contained treatment-emergent zidovudine resistance substitutions, and isolates from 7 of 22 subjects contained treatment-emergent efavirenz resistance substitutions.

Phenotypic analysis of baseline-matched on-therapy HIV-1 isolates from subjects (n = 13) receiving lamivudine once daily showed that isolates from 7 of 13 subjects showed an 85- to 299-fold decrease in susceptibility to lamivudine, isolates from 12 of 13 subjects were susceptible to zidovudine, and isolates from 8 of 13 subjects exhibited a 25- to 295-fold decrease in susceptibility to efavirenz.

Phenotypic analysis of on-therapy isolates from 22 subjects in subjects (n = 13) receiving lamivudine twice daily showed that isolates from 4 of 13 subjects exhibited a 29- to 159-fold decrease in susceptibility to lamivudine, isolates from all 13 subjects were susceptible to zidovudine, and isolates from 3 of 13 subjects exhibited a 21- to 342-fold decrease in susceptibility to efavirenz.

**Trial EPV40001:** Fifty subjects received lamivudine 300 mg once daily plus zidovudine 300 mg twice daily plus abacavir 300 mg twice daily and 50 subjects received lamivudine 150 mg plus zidovudine 300 mg plus abacavir 300 mg all twice-daily. The median baseline plasma HIV-1 RNA levels for subjects in the 2 groups were 4.79 log<sub>10</sub> copies per mL and 4.63 log<sub>10</sub> copies per mL, respectively. Fourteen of 50 subjects in the lamivudine once-daily treatment group and 9 of 50 subjects in the lamivudine twice-daily group were identified as virologic failures.

Genotypic analysis of on-therapy HIV-1 isolates from subjects (n = 9) in the lamivudine once-daily treatment group showed that isolates from 6 subjects had an abacavir and/or lamivudine resistance-associated substitution M184V alone. On-therapy isolates from subjects (n = 6) receiving lamivudine twice daily showed that isolates from 2 subjects had M184V alone, and isolates from 2 subjects harbored the M184V substitution in combination with zidovudine resistance-associated amino acid substitutions.

Phenotypic analysis of on-therapy isolates from subjects (n = 6) receiving lamivudine once daily showed that HIV-1 isolates from 4 subjects exhibited a 32- to 53-fold decrease in susceptibility to lamivudine. HIV-1 isolates from these 6 subjects were susceptible to zidovudine.

Phenotypic analysis of on-therapy isolates from subjects (n = 4) receiving lamivudine twice daily showed that HIV-1 isolates from 1 subject exhibited a 45-fold decrease in susceptibility to lamivudine and a 4.5-fold decrease in susceptibility to zidovudine.

**Pediatrics:** Pediatric subjects receiving lamivudine oral solution concomitantly with other antiretroviral oral solutions (abacavir, nevirapine/efavirenz, or zidovudine) in ARROW developed viral resistance more frequently than those receiving tablets. At randomization to once-daily or twice-daily dosing of lamivudine plus abacavir, 13% of subjects who started on tablets and 32% of subjects who started on solution had resistance substitutions. The resistance profile observed in pediatrics is similar to that observed in adults in terms of the genotypic substitutions detected and relative frequency, with the most commonly detected substitutions at M184 (V or I) [see Clinical Studies (14.2)].

### Cross-Resistance

Cross-resistance has been observed among nucleoside reverse transcriptase inhibitors (NRTIs). Lamivudine-resistant HIV-1 mutants were cross-resistant in cell culture to didanosine (ddI). Cross-resistance is also expected with abacavir and emtricitabine as these select M184V substitutions.

### NONCLINICAL TOXICOLOGY

#### 13.1 Carcinogenesis, Mutagenesis, Impairment of Fertility

Long-term carcinogenicity studies with lamivudine in mice and rats showed no evidence of carcinogenic potential at exposures up to 10 times (mice) and 58 times (rats) the human exposures at the recommended dose of 300 mg.

#### Mutagenesis

Lamivudine was mutagenic in an L5178Y mouse lymphoma assay and clastogenic in a cytogenetic assay using cultured human lymphocytes. Lamivudine was not mutagenic in a microbial mutagenicity assay, in an *in vitro* cell transformation assay, in a rat micronucleus test, in a rat bone marrow cytogenetic assay, and in an assay for unscheduled DNA synthesis in rat liver. Lamivudine showed no evidence of *in vivo* genotoxic activity in the rat at oral doses up to 2,000 mg per kg, producing plasma levels of 35 to 45 times those in humans at the recommended dose for HIV-1 infection.

#### Impairment of Fertility

In a study of reproductive performance, lamivudine administered to rats at doses up to 4,000 mg per kg per day, producing plasma levels 47 to 70 times those in humans, revealed no evidence of impaired fertility and no effect on the survival, growth, and development to weaning of the offspring.

## 14 CLINICAL STUDIES

The use of lamivudine is based on the results of clinical trials in HIV-1-infected subjects in combination regimens with other antiretroviral agents. Information from trials with clinical endpoints or a combination of CD4+ cell counts and HIV-1 RNA measurements is included below as documentation of the contribution of lamivudine to a combination regimen in controlled trials.

#### 14.1 Adult Subjects

##### Clinical Endpoint Trial

**NUCB3007 (CAESAR)** was a multicenter, double-blind, placebo-controlled trial comparing continued current therapy (zidovudine alone (52% of subjects) or zidovudine with didanosine or zalcitabine (38% of subjects)) to the addition of lamivudine or lamivudine plus an investigational non-nucleoside reverse transcriptase inhibitor (NRTI) randomized 1:2:1. A total of 1,616 HIV-1-infected adults with 25 to 250 CD4+ cells per mm<sup>3</sup> (median = 122 cells per mm<sup>3</sup>) at baseline were enrolled; median age was 36 years, 87% were male, 84% were nucleoside-experienced, and 16% were therapy-naïve. The median duration on trial was 12 months. Results are summarized in Table 9.

**Table 9. Number of Subjects (%) with at Least One HIV-1 Disease Progression Event or Death**

Endpoint	Current Therapy (n=460)	Lamivudine plus Current Therapy (n=496)	Lamivudine plus an NRTI <sup>†</sup> plus Current Therapy (n=460)
HIV-1 progression or death	90 (19.6%)	86 (9.6%)	41 (8.9%)
Death	27 (5.9%)	23 (2.6%)	14 (3%)

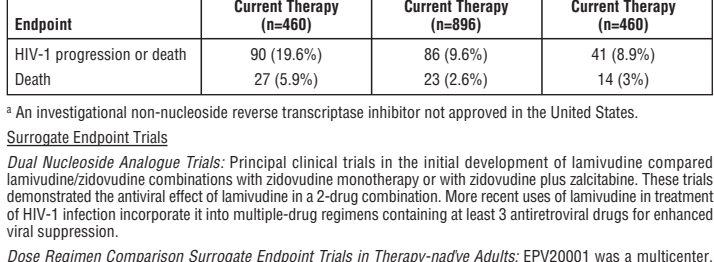
<sup>†</sup> An investigational non-nucleoside reverse transcriptase inhibitor not approved in the United States.

#### Surrogate Endpoint Trials

**Dual Nucleoside Analogue Trials:** Principal clinical trials in the initial development of lamivudine compared lamivudine/zidovudine combinations with zidovudine monotherapy or with zidovudine plus zalcitabine. These trials demonstrated the antiviral effect of lamivudine in a 2-drug combination. More recent uses of lamivudine in treatment with HIV-1 infection incorporate it into multiple-drug regimens containing at least 3 antiretroviral drugs for enhanced viral suppression.

**Dose Regimen Comparison Surrogate Endpoint Trials in Therapy-naïve Adults:** EPV2001 was a multicenter, double-blind, controlled trial in which subjects were randomized 1:1 to receive lamivudine 300 mg once daily or lamivudine 150 mg twice daily, in combination with zidovudine 300 mg twice daily and efavirenz 600 mg once daily. A total of 554 antiretroviral treatment-naïve HIV-1-infected adults were enrolled: male (79%), white (50%), median age 35 years, baseline CD4+ cell counts of 69 to 1,089 cells per mm<sup>3</sup> (median = 362 cells per mm<sup>3</sup>), and median baseline plasma HIV-1 RNA of 4.66 log<sub>10</sub> copies per mL. Outcomes of treatment through 48 weeks are summarized in Figure 1 and Table 10.

**Figure 1. Virologic Response through Week 48, EPV2001<sup>††</sup> (Intent-to-Treat)**



<sup>††</sup> Roche AMPLICOR HIV-1 MONITOR. Responders at each visit are subjects who had achieved and maintained HIV-1 RNA less than 400 copies per mL without discontinuation by that visit.

**Table 10. Outcomes of Randomized Treatment through 48 Weeks (Intent-to-Treat)**

Outcome	Lamivudine 300 mg Once Daily plus RETROVIR plus Efavirenz (n = 278)	Lamivudine 150 mg Twice Daily plus RETROVIR plus Efavirenz (n = 276)
Responder <sup>a</sup>	67%	65%
Virologic failure <sup>b</sup>	8%	8%
Discontinued due to clinical progression	<1%	0%
Discontinued due to adverse events	6%	12%
Discontinued due to other reasons <sup>c</sup>	18%	14%

<sup>a</sup> Achieved confirmed plasma HIV-1 RNA less than 400 copies per mL and maintained through 48 weeks.

<sup>b</sup> Achieved suppression but rebounded by Week 48, discontinued due to virologic failure, insufficient viral response according to the investigator, or never suppressed through Week 48.

<sup>c</sup> Includes consent withdrawal, lost to follow-up, protocol violation, data outside the trial-defined schedule, and randomized but never initiated treatment.

The proportions of subjects with HIV-1 RNA less than 50 copies per mL (via Roche Ultrasensitive assay) through Week 48 were 61% for subjects receiving lamivudine 300 mg once daily and 63% for subjects receiving lamivudine 150 mg twice daily. Median increases in CD4+ cell counts were 144 cells per mm<sup>3</sup> at Week 48 in subjects receiving lamivudine 300 mg once daily and 146 cells per mm<sup>3</sup> for subjects receiving lamivudine 150 mg twice daily.

A small, randomized, open-label pilot trial, EPV40001, was conducted in Thailand. A total of 159 treatment-naïve adult subjects (male 32%, Asian 100%, median age 30 years, baseline median CD4+ cell count 380 cells per mm<sup>3</sup>, median plasma HIV-1 RNA 4.8 log<sub>10</sub> copies per mL) were enrolled. Two of the treatment arms in this trial provided a comparison between lamivudine 300 mg once daily (n = 54) and lamivudine 150 mg twice daily (n = 52), each in combination with zidovudine 300 mg twice daily and abacavir 300 mg twice daily. In intent-to-treat analyses of 48-week data, the proportions of subjects with HIV-1 RNA below 400 copies per mL were 61% (32 of 54) in the group randomized to once-daily lamivudine and 75% (39 of 52) in the group randomized to receive 3 drugs twice daily; the proportions with HIV-1 RNA below 50 copies per mL were 54% (29 of 54) in the once-daily lamivudine group and 67% (35 of 52) in the all-twice-daily group; and the median increases in CD4+ cell counts