

Rx  
**COLISTIMETHATE SODIUM**  
**COLHETZ**  
384.61 mg Lyophilized Powder for Injection (I.M./I.V.)  
**Antibacterial**

**FORMULATION**

Colistimethate sodium, USP.....384.61 mg (equivalent to 150 mg Colistin base).

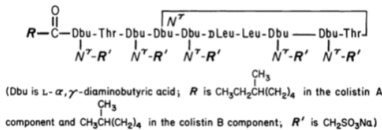
**DRUG DESCRIPTION**

A White to off-white lyophilized cake or powder present in Type-I, 10 mL tubular glass vials sealed with 20 mm grey bromobutyl slotted stopper and 20 mm Parrot green color flip off aluminum seal.

When constituted as directed the solution should be clear colorless to pale yellow solution.

Each vial contains colistimethate sodium or pentasodium colistimethanesulfonate (150 mg colistin base activity).

Colistimethate sodium is a polypeptide antibiotic with an approximate molecular weight of (Colistin A component) 1750 & The empirical formula is  $C_{40}H_{75}N_9Na_3O_{23}S_6$  and molecular weight of (Colistin B component) is 1735.79 & The empirical formula is  $C_{40}H_{75}N_9Na_3O_{23}S_6$ . The structural formula is represented below:



**THERAPEUTIC INDICATIONS**

Colistimethate is indicated for the treatment of acute or chronic infections due to sensitive strains of certain gram-negative bacilli. It is particularly indicated when the infection is caused by sensitive strains of *Pseudomonas aeruginosa*. This antibiotic is not indicated for infections due to *Proteus* or *Neisseria*. Colistimethate has proven clinically effective in treatment of infections due to the following gram-negative organisms: *Enterobacter aerogenes*, *Escherichia coli*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa*.

Colistimethate may be used to initiate therapy in serious infections that are suspected to be due to gram-negative organisms and in the treatment of infections due to susceptible gram-negative pathogenic bacilli.

To reduce the development of drug-resistant bacteria and maintain the effectiveness of Colistimethate and other antibacterial drugs, Colistimethate should be used only to treat or prevent infections that are proven or strongly suspected to be caused by susceptible bacteria. When culture and susceptibility information are available, they should be considered in selecting or modifying antibacterial therapy. In the absence of such data, local epidemiology and susceptibility patterns may contribute to the empiric selection of therapy.

**POSODOLOGY AND METHOD OF ADMINISTRATION**

**Important**

Colistimethate is supplied in vials containing colistimethate sodium equivalent to 150 mg colistin base activity per vial.

**Reconstitution for Intravenous or Intramuscular Administration**

The 150 mg vial should be reconstituted with 2 mL Sterile Water for Injection, USP. The reconstituted solution provides colistimethate sodium at a concentration equivalent to 75 mg/mL colistin base activity.

During reconstitution swirl **gently** to avoid frothing.

Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration, whenever solution and container permit. If these conditions are observed, the product should not be used.

**Dosage**

**Adults and Pediatric Patients -Intravenous or Intramuscular Administration:**

The dose of Colistimethate should be 2.5 to 5 mg/kg per day of colistin base in 2 to 4 divided doses for patients with normal renal function, depending on the severity of the infection.

In obese individuals, dosage should be based on ideal body weight.

The daily dose and frequency should be reduced for the patients with renal impairment. Suggested modifications of dosage schedule for patients with renal impairment are presented in Table 1.

**TABLE 1: Suggested Modification of Dosage Schedules of Colistimethate for Adults with Impaired Renal Function**

	Degree of Renal Impairment			
	Normal	Mild	Moderate	Severe
Creatinine Clearance (mL/min)	≥ 80	50-79	30-49	10-29
Dosage Schedule	2.5 – 5 mg/kg, divided into 2 to 4 doses per day	2.5 – 3.8 mg/kg, divided into 2 doses per day	2.5 mg/kg, once daily or divided into 2 doses per day	1.5 mg/kg every 36 hours

Note: The suggested total daily dose is calculated from colistin base activity.

**Intravenous Administration**

- Direct Intermittent Administration—Slowly inject one-half of the total daily dose over a period of 3 to 5 minutes every 12 hours.
- Continuous Infusion—Slowly inject one-half of the total daily dose over 3 to 5 minutes. Add the remaining half of the total daily dose of Colistimethate to one of the following:

- 0.9% NaCl

5% dextrose in 0.9% NaCl

5% dextrose in Water

5% dextrose in 0.45% NaCl

5% dextrose in 0.225% NaCl

Lactated Ringer's solution

10% invert sugar solution

There are not sufficient data to recommend usage of Colistimethate with other drugs or other than the above listed infusion solutions.

Administer the second half of the total daily dose by slow intravenous infusion, starting 1 to 2 hours after the initial dose, over the next 22 to 23 hours. In the presence of impaired renal function, reduce the infusion rate depending on the degree of renal impairment.

The choice of intravenous solution and the volume to be employed are dictated by the requirements of fluid and electrolyte management.

Any final intravenous infusion solution containing colistimethate sodium should be freshly prepared and used for no longer than 24 hours.

**Intramuscular Administration**

1. For Intramuscular Injection, administer by deep intramuscular injection into a large muscle mass (such as the gluteal muscles or lateral part of the thigh).

**Store reconstituted solution for intramuscular injection in a refrigerator 2° to 8°C (36° to 46°F) or between 20° to 25°C (68° to 77°F) and use within 7 days.**

**CONTRAINDICATIONS**

Patients known to be sensitive to Colistimethate Sodium. Dosage must be modified in patients with impaired renal function. Curariform muscle relaxants must be used with extreme caution. Hypersensitivity to colistimethate sodium (colistin) or to polymyxin B. Patients with myasthenia gravis.

**DRUG INTERACTIONS**

Certain other antibiotics (aminoglycosides and polymyxin) have also been reported to interfere with the nerve transmission at the neuromuscular junction. Based on this reported activity, they should not be given concomitantly with Colistimethate except with the greatest caution.

Curariform muscle relaxants (e.g., tubocurarine) and other drugs, including ether, succinylcholine, gallamine, decamethonium and sodium citrate, potentiate the neuromuscular blocking effect and should be used with extreme caution in patients being treated with Colistimethate.

Sodium cephalothin may enhance the nephrotoxicity of Colistimethate. The concomitant use of sodium cephalothin and Colistimethate should be avoided.

**WARNINGS AND PRECAUTIONS**

**WARNINGS**

Maximum daily dose calculated from colistin base activity should not exceed 5 mg/kg/day with normal renal function.

Transient neurological disturbances may occur. These include circumoral paresthesia or numbness, tingling or formication of the extremities, generalized pruritus, vertigo, dizziness, and slurring of speech. For these reasons, patients should be warned not to drive vehicles or use hazardous machinery while on therapy. Reduction of dosage may alleviate symptoms. Therapy need not be discontinued, but such patients should be observed with particular care.

Nephrotoxicity can occur and is probably a dose-dependent effect of colistimethate sodium. These manifestations of nephrotoxicity are reversible following discontinuation of the antibiotic.

Overdosage can result in renal insufficiency, muscle weakness, and apnea (see **OVERDOSAGE** section). See **PRECAUTIONS: DRUG INTERACTIONS** subsection for use concomitantly with other antibiotics and curariform drugs.

Respiratory arrest has been reported following intramuscular administration of colistimethate sodium. Impaired renal function increases the possibility of apnea and neuromuscular blockade following administration of colistimethate sodium. Therefore, it is important to follow recommended dosing guidelines. See **DOSAGE AND ADMINISTRATION** section for use in renal impairment.

*Clostridium difficile* associated diarrhea (CDAD) has been reported with use of nearly all antibacterial agents, including Colistimethate, and may range in severity from mild diarrhea to fatal colitis. Treatment with antibacterial agents alters the normal flora of the colon leading to overgrowth of *C. Difficile*.

*C. difficile* produces toxins A and B which contribute to the development of CDAD. Hypertoxin producing strains of *C. difficile* cause increased morbidity and mortality, as these infections can be refractory to antimicrobial therapy and may require colectomy. CDAD must be considered in all patients who present with diarrhea following antibiotic use. Careful medical history is necessary since CDAD has been reported to occur over two months after the administration of antibacterial agents.

If CDAD is suspected or confirmed, ongoing antibiotic use not directed against *C. difficile* may need to be discontinued. Appropriate fluid and electrolyte management, protein supplementation, antibiotic treatment of *C. difficile*, and surgical evaluation should be instituted as clinically indicated.

**PRECAUTIONS**

**General**

Since Colistimethate is eliminated mainly by renal excretion, it should be used with caution when the possibility of impaired renal function exists. The decline in renal function with advanced age should be considered.

When actual renal impairment is present, Colistimethate may be used, but the greatest caution should be exercised and the dosage should be reduced in proportion to the extent of the impairment. Administration of amounts of Colistimethate in excess of renal excretory capacity will lead to high serum levels and can result in further impairment of renal function, initiating a cycle which, if not recognized, can lead to acute renal insufficiency, renal shutdown, and further concentration of the antibiotic to toxic levels in the body. At this point, interference of nerve transmission at neuromuscular junctions may occur and result in muscle weakness and apnea (see **OVERDOSAGE** section).

Signs indicating the development of impaired renal function include: diminishing urine output, rising BUN and serum creatinine and decreased creatinine clearance. Therapy with Colistimethate should be discontinued immediately if signs of impaired renal function occur. However, if it is necessary to reinstate the drug, dosing should be adjusted accordingly after drug plasma levels have fallen (see **DOSAGE AND ADMINISTRATION** section).

Prescribing Colistimethate in the absence of a proven or strongly suspected bacterial infection or a prophylactic indication is unlikely to provide benefit to the patient and increases the risk of the development of drug-resistant bacteria.

**Carcinogenesis, Mutagenesis, Impairment of Fertility**

Long-term animal carcinogenicity studies and genetic toxicology studies have not been performed with colistimethate sodium. There were no adverse effects on fertility or reproduction in rats at doses of 9.3 mg/kg/day (0.30 times the maximum daily human dose when based on mg/m<sup>2</sup>).

**Pregnancy**

**Teratogenic Effects -Pregnancy Category C**

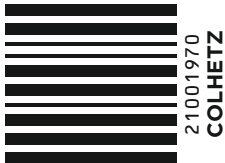
Colistimethate sodium given intramuscularly during organogenesis to rabbits at 4.15 and 9.3 mg/kg resulted in talipes varus in 2.6% and 2.9% of fetuses, respectively. These doses are 0.25 and 0.55 times the maximum daily human dose based on mg/m<sup>2</sup>. In addition, increased resorption occurred at 9.3 mg/kg. Colistimethate sodium was not teratogenic in rats at 4.15 or 9.3 mg/kg. These doses are 0.13 and 0.30 times the maximum daily human dose based on mg/m<sup>2</sup>. There are no adequate and well-controlled studies in pregnant women. Since colistimethate sodium is transferred across the placental barrier in humans, it should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

**Lactation**

It is not known whether colistimethate sodium is excreted in human breast milk. However, colistin sulphate is excreted in human breast milk. Therefore, caution should be exercised when colistimethate sodium is administered to nursing women.

**Geriatric Use**

Clinical studies of colistemethate sodium did not include sufficient numbers of subjects aged 65 and over to determine



whether they respond differently from younger subjects. Other reported clinical experience has not identified differences in responses between the elderly and younger patients. In general, dose selection for an elderly patient should be cautious, usually starting at the low end of the dosing range, reflecting the greater frequency of decreased hepatic, renal, or cardiac function, and of concomitant disease or other drug therapy. This drug is known to be substantially excreted by the kidney, and the risk of toxic reactions to this drug may be greater in patients with impaired renal function. Because elderly patients are more likely to have decreased renal function, care should be taken in dose selection, and it may be useful to monitor renal function.

**Pediatric Use**

In clinical studies, colistimethate sodium was administered to the pediatric population (neonates, infants, children and adolescents). Although adverse reactions appear to be similar in the adult and pediatric populations, subjective symptoms of toxicity may not be reported by pediatric patients. Close clinical monitoring of pediatric patients is recommended.

**Adverse Drug Reactions**

The following adverse reactions have been reported:

**Gastrointestinal:** gastrointestinal upset

**Nervous System:** tingling of extremities and tongue, slurred speech, dizziness, vertigo and paresthesia

**Integumentary:** generalized itching, urticaria and rash

**Body as a Whole:** fever

**Laboratory Deviations:** increased blood urea nitrogen (BUN), elevated creatinine and decreased creatinine clearance

**Respiratory System:** respiratory distress and apnea

**Renal System:** nephrotoxicity and decreased urine output

**OVERDOSE AND TREATMENT**

Overdosage with colistimethate sodium can cause neuromuscular blockade characterized by paresthesia, lethargy, confusion, dizziness, ataxia, nystagmus, disorders of speech and apnea. Respiratory muscle paralysis may lead to apnea, respiratory arrest and death. Overdosage with the drug can also cause acute renal failure, manifested as decreased urine output and increases in serum concentrations of BUN and creatinine.

As in any case of overdose, colistimethate sodium therapy should be discontinued and general supportive measures should be utilized.

It is unknown whether colistimethate sodium can be removed by hemodialysis or peritoneal dialysis in overdose cases.

**PHARMACOLOGICAL PROPERTIES**

**PHARMACOLOGY:**

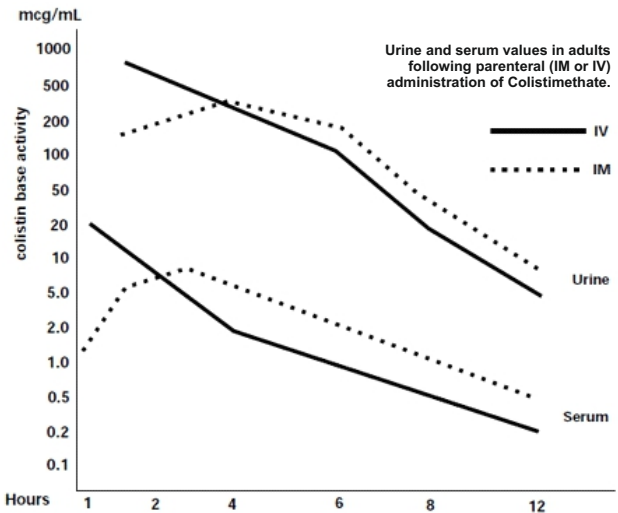
Polymyxins are selective cationic agents acting on certain bacteria. The bacterial cell membrane is composed principally of phospholipid and provides the target site for polymyxin activity. Disruption of the membrane results in profound physiological effects which are lethal to the bacterium. The cell is no longer capable of controlling the influx and efflux of cations, e.g. potassium and sodium. The selectivity of polymyxins for Gram-negative bacteria is a result of the presence of a hydrophobic outer membrane. Polymyxins bind to the lipid A moiety of endotoxin causing disorganization of the outer membrane altering the cell's permeability to various hydrophobic substances including antibiotic, e.g. erythromycin, trimethoprim.

**PHARMACOKINETICS:**

Absorption from the gastrointestinal tract does not occur appreciably in the normal individual though patients with disturbed gut mucosa, e.g. patients given cytotoxic drugs, may behave differently. Colistimethate is converted to the base in vivo, has a plasma half-life of 4-8 hours, and is bound slightly to plasma protein. Half-life values of colistimethate sodium after intramuscular or intravenous administration to be 2.75-3 hours and 1.5 hours. Colistin crosses the placental barrier. The route of excretion is via kidney with about 40% of the dose being excreted in the first 8 hours. Only 80% of the dose can be recovered unchanged in the urine, and no biliary excretion has been demonstrated.

Typical serum and urine levels following a single 150 mg dose of Colistimethate IM or IV in normal adult subjects are shown in Figure 1.

Figure 1



Higher serum levels were obtained at 10 minutes following IV administration. Serum concentration declined with a half-life of 2-3 hours following either intravenous or intramuscular administration in adults and in the pediatric population, including premature infants.

Average urine levels ranged from about 270 mcg/mL at 2 hours to about 15 mcg/mL at 8 hours after intravenous administration and from 200 to about 25 mcg/mL during a similar period following intramuscular administration.

**Microbiology**

Colistimethate sodium is a surface active agent which penetrates into and disrupts the bacterial cell membrane. It has been shown to have bactericidal activity against most strains of the following microorganisms, both *in vitro* and in clinical infections as described in the **INDICATIONS AND USAGE** section:

**Aerobic gram-negative microorganisms**

*Enterobacter aerogenes*, *Escherichia coli*, *Klebsiella pneumoniae* and *Pseudomonas aeruginosa*.

**Susceptibility Tests**

Colistimethate sodium is no longer listed as an antimicrobial for routine testing and reporting by clinical microbiology laboratories.

**AVAILABILITY**

10 mL USP Type I clear tubular glass vial with grey bromobutyl slotted stopper and parrot green flip-off seal (box of 10's)

**STORAGE CONDITION**

Store at temperatures not exceeding 30°C .

**CAUTION**

Foods, Drugs, Devices and Cosmetics Act prohibits dispensing without prescription.

**ADR REPORTING STATEMENT:**

For suspected adverse drug reaction, report to the FDA: [www.fda.gov/ph](http://www.fda.gov/ph)

Please seek medical attention immediately at the first sign of any adverse drug reaction

Manufactured by:

**Aspiro**  
**ASPIRO PHARMA LIMITED**  
Survey No. 321, Biotech Park,  
Phase-III, Karkapatla Village,  
Markook Mandal, Siddipet Dist.,  
Telangana State-502281, INDIA

Imported and Distributed by:

**CAMBER PHARMACEUTICALS, INC.**  
Unit 503-A ITC Bldg., 337 Sen. Gil Puyat Avenue,  
Bel-Air, Makati City, Philippines.

Registration Number: DR-XY48256  
Date of First Authorization: 08/2022  
Date of Revision of Package Insert: 12/2022