DEXTROMETHOPHAN HYDROBROMIDE

BRONCHILAX
10 mg TABLET

FORMULATION
Each Tablet contains:
Dextromethorphan ..... 10 mg

DESCRIPTION
This medicine used to help relieve dry, irritating cough. The product contains Dextromethorphan Hydrobromide which is an antitussive, white round, convex, one side scored tablet.

MECHANISM OF ACTION
This medicine contains dextromethorphan, an antitussive that suppresses the area in the brain that causes coughing. It is reported to act within 30 minutes and its effect may persist for up to 6 hours.

STRENGTH OF THE MEDICINE
See Product Formulation

WHAT IS THE MEDICINE USED FOR?
Dextromethorphan is used for the relief of unproductive cough associated with the common cold, sore throat, and uncomplicated respiratory tract infection.

HOW MUCH AND HOW OFTEN SHOULD YOU USE THE MEDICINE?
10 mg to 20mg every 4 hours or 30 mg every 6 to 8 hours a usual maximum of 120 mg in 24 hours.
Children: 2 to 6 years old: 1/2 tablet (5 mg to 10 mg tablet) every 4 hours.
Adults: 1 to 2 tablets (10 mg to 20 mg tablets) Or as prescribed by the physician.

WHEN SHOULD YOU NOT TAKE THIS MEDICINE?
If you are allergic to any ingredient of the product.
* if you suffer from severe lung disease:
* if you are taking, or have taken in the last two weeks, medicines for depression Monoamine Oxidase Inhibitors (MAOIs):
* if you are taking selective serotonin re-uptake inhibitors
* if the patient is at risk of developing respiratory failure (e.g, during an acute asthma attack).
* if the patient has liver disease.

WHAT OTHER MEDICINE OR FOODS SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?
isocarboxazid
phenelzine
procarbazine
rasagiline
safinamide
selegiline
tranylcypromine

WHAT SHOULD YOU DO IF YOU MISS A DOSE?
If you miss a dose, just give the next dose and the subsequent doses at usual recommended schedule. Do not double dose unless recommended by a doctor.

SIGNS AND SYMPTOMS OF OVERDOSE?
Acute overdose of dextromethorphan may cause nausea, vomiting, drowsiness, dizziness, excitation, confusion, psychosis, CNS depression, stupor, decreased mental alertness, blurred vision, nystagmus (involuntary and rapid movement of the eyeball), dysarthria (slurred speech), respiratory depression, shallow respiration, ataxia (uncontrolled muscle movement), myoclonus (involuntary muscle twitching), tremor, urinary retention, seizures, and coma.

WHAT TO DO IF YOU TAKEN MORE THAN THE RECOMMENDED DOSE?
If you have taken more than the recommended dosage, consult a doctor or contact a Poison Control Center immediately.

HOW SHOULD YOU KEEP THIS MEDICINE?
Keep the product out of reach and sight of children
Store at room temperature not exceeding 30°C

CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE?
Do not take more than the recommended dose
Do not use after the expiry date on the label

WHEN SHOULD YOU CONSULT YOUR DOCTOR?
If any undesirable effects occurs.
* Dizziness, drowsiness.
* Nausea, vomiting, diarrhea.
* Upset stomach or stomach pain.
* Difficulty sleeping or feeling restless or confused.
* Shallow breathing.

ADR REPORTING STATEMENT
"For suspected adverse drug reaction, report to the FDA: www.FDA.gov.ph"
Patient must seek medical attention immediately at the first sign of any adverse drug reaction.

AVAILABILITY:
Alu PVC clear Blister Pack of 20's tablet (Box of 100's)

FDA Registration No.: DR-XY46756
Initial of Authorization: 28 October 2019

DATE OF REVISION OF PATIENT INFORMATION LEAFLET (PIL): 08 January 2020

Manufactured by:
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