



# ZINC SULFATE MONOHYDRATE

Syrup / Oral Drops  
MINERAL

## FORMULATION

Syrup (Oral Drops)

Each mL contains:

Zinc sulfate monohydrate, USP ..... 27.5 mg  
(equivalent to 10 mg elemental zinc)

Syrup

Each 5 mL (1 teaspoonful) contains:

Zinc sulfate monohydrate, USP ..... 55 mg  
(equivalent to 20 mg elemental zinc)

## PRODUCT DESCRIPTIONS

Zinc Sulfate Monohydrate 27 mg / mL Syrup (Oral Drops) is a turbid, orange syrup with orange flavor.

Zinc Sulfate Monohydrate 55 mg / 5 mL Syrup is a turbid, viscous, orange syrup with orange flavor.

## WHAT IS IN THE MEDICINE?

This product contains Zinc. Zinc helps the body's natural defense against damaging free radical (antioxidant effect) and helps boost immune function. Free radicals are highly reactive and unstable chemicals generated during normal body activities that require oxygen (e.g., respiration, digestion, blood circulation, immune system response, etc.) and after exposure to UV light, cigarette smoke and various pollutants. One major effect of zinc is on the ability of cells to properly replicate the DNA which is required for cells to multiply. Hence, zinc is needed for normal growth.

## STRENGTH OF THE MEDICINE

See formulation

## WHAT IS THIS MEDICINE USED FOR?

For prevention and treatment of Zinc deficiency.

## HOW MUCH AND HOW OFTEN SHOULD YOU USE THIS MEDICINE?

Syrup (Oral Drops)

Children: 1 mL (20 drops) once daily or as prescribed by a physician.

Syrup

Children: 5 mL (1 teaspoonful) once daily or as prescribed by a physician.

## WHEN SHOULD YOU NOT TAKE THIS MEDICINE?

If you are allergic to any component of the drug.

## CARE THAT SHOULD BE TAKEN WHEN TAKING THIS MEDICINE?

Do not take more than recommended dose.

Do not use after the expiry date on the label.

## UNDESIRABLE EFFECTS OF THIS MEDICINE

Gastrointestinal and include abdominal pain, dyspepsia, nausea, vomiting, diarrhea, gastric irritation, and gastritis. These are particularly common if taken on an empty stomach, and may be reduced by giving them with meals.

## WHAT OTHER MEDICINE OR FOOD SHOULD BE AVOIDED WHILE TAKING THIS MEDICINE?

The amount of zinc in the products is not expected to interact with food or medicine.

## WHAT SHOULD YOU DO IF YOU MISS A DOSE?

If you miss a dose for the day, just take the next dose and subsequent doses at the usual recommended dose. Do not take a double dose to make up the missed dose.

## SIGNS AND SYMPTOMS OF OVERDOSE

Rare occurrence of acute zinc poisoning have been reported. The toxicity signs observed after ingestion of high zinc doses (4-8 grams) include nausea, vomiting, diarrhea, fever, metallic taste and lethargy (sleepiness).

## WHAT TO DO WHEN YOU HAVE TAKEN MORE THAN THE RECOMMENDED DOSAGE?

If you take more than the recommended dose, consult a doctor.

## HOW SHOULD YOU KEEP THIS MEDICINE?

Store at temperatures not exceeding 30°C.

Keep out of reach of children.

Protect from heat and light.

## WHEN SHOULD YOU CONSULT YOUR DOCTOR?

If you experience any undesirable effect, talk to a doctor.

## ADR REPORTING

For suspected adverse drug reaction report to FDA: [www.fda.gov.ph](http://www.fda.gov.ph)

Patient should seek medical attention immediately at the first sign of any adverse drug reaction.

## AVAILABILITY

Syrup (Oral Drops): 15 mL Amber Glass Bottle (box of 1's)

Syrup: 60 mL Boston Round Amber Glass Bottle (box of 1's)

## REGISTRATION NUMBER

Syrup (Oral Drops): DR-XY44670

Syrup: DR-XY44313

## DATE OF FIRST AUTHORIZATION

Syrup (Oral Drops): 18 June 2015

Syrup: 12 March 2015

Manufactured by:  
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