

IRON + FOLIC ACID

ANEMICON PLUS

66 mg/250 mcg

CAPSULE

VITAMIN AND MINERAL

DESCRIPTION OF THE PRODUCT

ANEMICON PLUS contains two active substances Ferrous Fumarate 200mg (an iron supplement) and Folic Acid 250mcg (a vitamin supplement). These work together in the medicine.
ANEMICON PLUS works as a supplement. It provides the body with more iron and folic acid. These are important substances that your body needs to form red blood cells. A group of medicines called haematinics (Iron in combination with Folic Acid).
ANEMICON PLUS CAPSULE is a fine, chocolate brown powder filled in size 1 empty gelatin capsule. Blister Pack of 10's (Box of 100's Capsules)

FORMULATION:

Each tablet contains:
Iron (as Ferrous Fumarate 200 mg)..... 66 mg
Folic Acid 250 mcg

PHARMACOKINETICS:

Folic acid is rapidly absorbed from the gastrointestinal tract, mainly from the duodenum and jejunum. Dietary folates are stated to have about half the bioavailability of crystalline folic acid. The naturally occurring folate polyglutamates are largely deconjugated, and then reduced by dihydrofolate reductase in the intestines to form 5-methyltetrahydrofolate, which appears in the portal circulation, where it is extensively bound to plasma proteins. Folic acid given therapeutically enters the portal circulation largely unchanged, since it is a poor substrate for reduction by dihydrofolate reductase. It is converted to the metabolically active form 5-methyltetrahydrofolate in the plasma and liver.

INDICATION:

For the prevention and treatment of iron and Folic Acid deficiencies and other nutritional anemia of pregnancy. **ANEMICON PLUS** is used to prevent and treat low levels of iron and folic acid in the blood during pregnancy after the first thirteen weeks.

DOSAGE AND ADMINISTRATION:

Adult: one capsule daily. Or as prescribed by the physician.

CONTRAINDICATIONS:

If you are allergic to any of the ingredients of this medicine Ferrous Fumarate and Folic Acid or

- if you are less than 13 weeks pregnant
- if you are breast-feeding or trying to become pregnant
- if you have been told you suffer from Vitamin B12 deficiency
- if you suffer from a blood disorder
- if you have had or are having repeated blood transfusions
- if you have a stomach ulcer or other digestive conditions such as regional enteritis or ulcerative colitis
- if you are suffering from anaemia that is not due to a lack of iron

If any of the above applies to you talk to your doctor or pharmacist.

PRECAUTIONS

Talk to your doctor before taking **ANEMICON PLUS CAPSULE**

- if you have been or you are being treated for a stomach ulcer
- if you have had or you have a folate dependent tumour
- if you have had all or part of your stomach removed.

ADVERSE DRUG REACTIONS:

The astringent action of iron preparation sometimes produces gastrointestinal irritation and abdominal pain with nausea and vomiting when administered orally. Other gastrointestinal effects may include either diarrhoea or constipation which may be produced by administration with or after food (rather than on an empty stomach). Folic acid is generally well tolerated. Gastrointestinal disturbances and hypersensitivity reactions have been reported rarely.

Seek immediate medical help if you have an allergic reactions this includes any of the following symptoms:

- Difficulties in breathing
- Swelling of your eyelids, face or lips
- Rash or itching

Not known: frequency cannot be estimated from the available data

- Upset stomach
- Anorexia (e.g. loss of appetite)
- Sickness
- Darkening of stools

DRUG INTERACTIONS:

- Antibiotics e.g. fluoroquinolones, cotrimoxazole, chloramphenicol, sulphonamides, tetracyclines, neomycin (used for infections)
- Anticonvulsant medicines (used for epilepsy)
- Antacids
- Penicillamine (used for rheumatoid arthritis)
- Sulfasalazine (used for rheumatoid arthritis and bowel disease, e.g. Crohn's disease)
- Cholestyramine (used for reducing blood cholesterol or control diarrhoea)
- Levodopa or Carbidopa (used for Parkinson's disease)
- Thyroxine (used for thyroid disease)
- Bisphosphonates (used for bone disease)
- Aminopterin and Methotrexate (used for certain cancers)
- Pyrimethamine (used for malaria)
- Trientine (used for Wilson's disease)
- Methylodopa (used for high blood pressure)

OVERDOSE AND TREATMENT:

Symptoms of an overdose include stomach pain, diarrhoea or being sick, within an hour of taking too much. Heart problems or collapse may follow.

Seek immediate medical help if you have an allergic reactions this includes any of the following symptoms:

- Difficulties in breathing
- Swelling of your eyelids, face or lips
- Rash or itching

Not known: frequency cannot be estimated from the available data

- Upset stomach
- Anorexia (e.g. loss of appetite)
- Sickness
- Darkening of stools

If you have taken more than the recommended dosage, consult a doctor or contact a Poison Control Center right away.

STORAGE CONDITION:

Store at temperatures not exceeding 30°C

AVAILABILITY:

Red PVC / Alu Blister Pack of 10's (Box of 100's)

CAUTION:

Foods, Drugs, Devices and Cosmetics. Act prohibits dispensing without prescription.

ADR Reporting Statement:

For suspected adverse drug reaction, report to the FDA: www.fda.gov.ph. Patient must seek medical attention immediately at the first sign of any adverse effects drug reaction.

DATE OF FIRST AUTHORIZATION / RENEWAL OF THE AUTHORIZATION:

31 May 2012

REGISTRATION NO. : DR-XY23198

DATE OF REVISION OF PATIENT INFORMATION LEAFLET:
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