

CARBOCISTEINE

GUIAMAR

100 mg / 5 mL Syrup

Mucolytic

Description of the Product:

Carbocisteine (Guiamar) 100 mg/5 mL is a clear orange syrup with orange flavor.

What is in the Medicine?

This medicine contains Carbocisteine, a mucolytic that causes phlegm to be less thick and sticky, thus making it easier to cough up and expel through the mouth.

Strength of the Medicine:

Each 5 mL (1 teaspoonful) syrup contains:

Carbocisteine 100 mg

What is this medicine used for?

This medicine is used for its mucolytic activity in respiratory disorders associated with productive cough.

How much and how often should you use this medicine?

Children:

To be taken three to four times a day

8 - 12 years: 10 mL – 15 mL

4 - 7 years : 7.5 mL- 10 mL

2 - 3 years : 5 mL - 7.5 mL

Or as prescribed by the physician.

When should you NOT take this medicine?

- * If you are allergic to the product and to any of its ingredients.
- * If you have a history of peptic ulcer and should be avoided if you have an active ulceration

Care that should be taken when taking this medicine:

- *This medicine should be given with care in patients with history of peptic ulcer and be avoided in patients with active ulceration.
- *Take this medicine exactly as directed on the label or as prescribed by your doctor.
- *Do not use this medicine in larger amounts or for more than recommended.
- *Tell your doctor that you are taking other medicines known to cause bleeding in the stomach.
- *Do not use this medicine after the expiry date on the label.
- *Ask your doctor if you are pregnant or breastfeeding before taking this medicine.

What are the undesirable effects of this medicine?

Nausea and gastric discomfort, gastro-intestinal bleeding and skin rash have occasionally occurred with carbocisteine.

What other medicine or food should be avoided while taking this medicine?

Tell your doctor about all medicines you are using and medicines you start or stop using. Other drugs may interact with carbocisteine, including prescription and over-the-counter drugs, vitamins and herbal products.

What should you do if you miss a dose of this medicine?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not double the dose. If you have any further questions about these oral syrup, ask your doctor or pharmacist.

What are the signs and symptoms of overdose?

Gastro-intestinal disturbance

What should you do when you have taken more than the recommended dosage?

Contact your doctor, or hospital immediately. Bring the container or label with you to help doctors with necessary information.

How should you keep/ store Carbocisteine?

Keep out of the reach and sight of children. Do not use Carbocisteine syrup after the expiry date which is stated on the label. It should be stored at temperatures not exceeding 30°C. Keep or store it away from direct heat and light. Medicines should not be disposed of via wastewater or household

waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment

When should you consult your doctor?

- *Before taking this medicine, consult your doctor if you are pregnant and breastfeeding.
- *If symptoms do not improve or new symptoms appear.

Name and Address of the Manufacturer and Marketing Authorization Holder:

St. Martin Pharm Lab Co.
55 Lakandula Street, Parang, Marikina City, Philippines

Registration Number: DR-XY18187

Date of First Authorization/ Renewal of the Authorization:
12/27/2012 / 12/27/2024

Date of Revision of Patient Information Leaflet: 9/16/2019

“For suspected adverse drug reaction, report to the FDA:
www.fda.gov.ph”

Seek medical attention immediately at the first sign of any adverse drug reaction.

