

GUAIFENESIN

GUAIACOF

100 mg / 5 mL

Oral Solution

Expectorant

Description of the Product:

Guaifenesin (Guaiaacof) 100 mg/5 mL is a clear reddish oral solution with strawberry flavor.

What is in the Medicine?

This medicine contains Guaifenesin, an expectorant that helps loosen and relieve congestion in the chest and thus making the phlegm easier to cough out and expel.

Strength of the Medicine:

Each 5 mL (1 teaspoonful) oral solution contains:
Guaifenesin 100 mg

What is this medicine used for?

This medicine is used as an expectorant for productive cough. It is used to reduce chest congestion caused by the common colds, infections or allergies.

How much and how often should you use this medicine?

Adult:
200 mg to 400 mg every 4 hours.

Children:

To be given every 4 hours
6 to 12 years – 5 mL (1 tsp) to 10 mL (2 tsp)
2 to 6 years – 2.5 mL (1/2 tsp) to 5 mL (1 tsp)
Or as prescribed by the physician.

When should you NOT take this medicine?

- * If you are allergic to the product and to any of its ingredients.
- * If you are taking any other medicines to stop you coughing.
- * If you are wheezing or if you are having an asthma attack.
- * If the seal of this medicine is broken.
- * If you have medical conditions such as liver disease, kidney disease or phenylketonuria (PKU).

Care that should be taken when taking this medicine:

- *Take this medicine exactly as directed on the label or as prescribed by your doctor.
- *Do not use this medicine in larger amounts or for more than recommended.
- *Ask your doctor before using any other cold or cough medicines when taking guaifenesin.
- *Always ask a doctor before giving this medicine to a child.
- *Drink extra fluids to help loosen the phlegm and lubricate your throat while you are taking this medicine.
- *Do not use this medicine after the expiry date on the label.
- * Do not drive, operate machinery or perform other hazardous activities until you know how guaifenesin affects you.
- *Ask your doctor if you are pregnant or breastfeeding before taking this medicine.
- *Take this medicine with food if it upsets your stomach.

What are the undesirable effects of this medicine?

- *Severe allergic reactions which include : difficulty in breathing, swelling of the face, neck, tongue or throat
- *Dizziness, headache
- *Nausea, vomiting, stomach upset
- *Drowsiness
- *Skin Rash

What other medicine or food should be avoided while taking this medicine?

Tell your doctor about all medicines you are using and medicines you start or stop using. Other drugs may interact with guaifenesin, including prescription and over-the-counter drugs, vitamins and herbal products.

What should you do if you miss a dose of this medicine?

If you miss a dose, leave it out and take the next dose whenever it is due. After that, just carry on as before. Do not take double the dose. If you have any further questions about these oral syrup, ask your doctor or pharmacist.

What are the signs and symptoms of overdose?

Gastro-intestinal discomfort has occasionally been reported with Guaifenesin.
Very large doses cause nausea and vomiting.

What should you do when you have taken more than the recommended dosage?

Contact your doctor, or hospital immediately. Bring the container or label with you to help doctors with necessary information.

How should you keep/ store this medicine?

Keep out of the reach and sight of children. Do not use Ascorbic Acid capsule after the expiry date which is stated on the label. They should be stored at temperatures not exceeding 30°C. Keep in original container to protect from light. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

When should you consult your doctor?

- *If the cough lasts for more than 7 days or returns back.
- *If symptoms still occur.
- * If you get any of the side effects
- * If this medicine is not having the same effect as before.

Name and Address of the Manufacturer and Marketing Authorization Holder:

St. Martin Pharm Lab Co.
55 Lakandula Street, Parang, Marikina City, Philippines

Registration Number: DR-X9620

Date of First Authorization/ Renewal of the Authorization:
12/27/2012 / 12/27/2024

Date of Revision of Patient Information Leaflet: 9/16/2019

**“For suspected adverse drug reaction, report to the FDA:
www.fda.gov.ph”**

Seek medical attention immediately at the first sign of any adverse drug reaction.